

DOUBLE DUAL Scoring

REVISED Time Schedule

	IIME		EVENI
FIELD	3:00pm	women	Weight Throw
EVENTS	follows men	men	
	follows WT	women	Shot Put
	follows men	men	
	4:00pm	women	Pole Vault
	30 min. following women	men	
	4:00pm	men	Long Jump
	follows women	women	
	follows LJ	men	Triple Jump
	follows women	women	
	5:00	women	High Jump
	follows women	men	

(The running event time schedule may be altered due to number of entries) **RUNNING EVENTS**

4:10	men	60 H Prelims
4:20	women	
4:35	men	60 M Prelims
4:45	women	
5:00	women	Mile
5:10	men	
5:20	women	60 H Finals
5:27	men	
5:35	women	60 M Finals
5:42	men	
5:52	women	400 M Dash
6:02	men	
6:10	women	600 M Dash
6:18	men	
6:25	women	800 M Run
6:33	men	
6:50	women	200 M Dash
7:05	men	
7:20	women	3K Run
7:35	men	
7:50	women	Distance Medley Relay
8:05	men	
8:20	women	4 x 400 Relay
8:30	men	