

## Lemont Mens Indoor Invitational

### Hand Timed

#### 55m

1st	Anthony Balderas	Romeoville	6.5
2nd	Dan Trentacoste	Carl Sandburg	6.5
3rd	Miguel Ford	Romeoville	6.5
4th	Lonnell Hill	Eisenhower	6.7
5th	Alec Martisauski	Carl Sandburg	6.9
6th	Jakup Korsec	Ridgewoods	7

#### 55 HH

1st	Dan Huff	Carl Sandburg	7.8
2nd	Rafal Nakonieczny	Carl Sandburg	8.5
3rd	Kieron Swain	Eisenhower	9
4th	Don Oresky	Evergreen Park	9.1
5th	Joe Keleher	Evergreen Park	9.7
6th	Jaron Fay	Lemont	9.8

### Shot Put

1st	Kelvin Jones	Romeoville	45'8"
2nd	Peter Rodriguez	Carl Sandburg	45'7"
3rd	Sykory Walker	Eisenhower	43'
4th	Anthony Love	Romeoville	42'4"
5th	John Measner	Evergreen Park	41'8"
6th	Edward Kostrubala	Lemont	39'6"

### High Jump

1st	Rory Cunningham	Lemont	6'4"
2nd	Nick Depesa	Carl Sandburg	5'6.1"
2nd	Kyle London	Eisenhower	5'6.1"
4th	Tommy Demogerontas	Carl Sandburg	5'6"
5th	Matt Harris	Romeoville	5'4"
6th	Malic Gaston	Romeoville	5'4"

### Pole Vault

1st	Justin Stanwyck	Lemont	12'6"
2nd	Dan Quan	Romeoville	12'
2nd	Paul Rachwalski	Lemont	12'

### Long Jump

1st	Jim Hill	Carl Sandburg	19'
2nd	Kyle London	Eisenhower	18'8.75"
3rd	Sebastian Bialas	Lemont	18'3.25"
4th	Matt Dunne	Lemont	18'
5th	Travis Lacey	Romeoville	17'6.25"
6th	Tim Buchanan	Eisenhower	17'.5"

### Triple Jump

1st	Kyle London	Eisenhower	38'6"
2nd	Zac Fijolek	Carl Sandburg	38'6"
3rd	Adam Nash	Carl Sandburg	37'8"
4th	DeAngelo Cross	Romeoville	37'
5th	Malic Gaston	Romeoville	36'4.5"
6th	Alex Micco	Lemont	36'1"

### 3200m Relay

1st	Carl Sandburg	8:36
2nd	Romeoville	8:57
3rd	Lemont	9:06
4th	Eisenhower	9:13
5th	Evergreen Park	9:28
6th	Ridgewoods	9:33

### 3200m Run

1st	Justin Adams	Carl Sandburg	10:39
2nd	Adam Gleisner	Carl Sandburg	10:44
3rd	Luke Heatherington	Lemont	10:45
4th	Josh Sopczak	Romeoville	10:47
5th	Anthony Briante	Evergreen Park	10:49
6th	Andrew Kramer	Lemont	11:14

### 800m Run

1st	Aaron Graves	Carl Sandburg	02:07.5
2nd	Justin Stanwyck	Lemont	02:12.9
3rd	Mike Brower	Carl Sandburg	02:14.3
4th	Armando Cortez	Romeoville	02:15.2
5th	Evan Ganzer	Lemont	02:16.3
6th	Juwan Smith	Evergreen Park	02:17.5

### 800m relay

1st	Romeoville	01:41.3
2nd	Carl Sandburg	01:42.2
3rd	Eisenhower	01:42.5
4th	Ridgewoods	01:46.8
5th	Evergreen Park	01:52.1
6th	Lemont	01:57.5

### 400m

1st	Lemonte Booker	Carl Sandburg	54.73
2nd	LaVelle Johnson	Carl Sandburg	55.19
3rd	Gonzalo Trejo	Romeoville	55.76
4th	Eric Whatley	Lemont	57.34

5th	Dominique Gee	Eisenhower	58.42
6th	Kyle Cafferkey	Romeoville	59.52

#### 1600m

1st	Bill Sieczkwoski	Carl Sandburg	04:42.3
2nd	Scott Matulik	Lemont	04:51.0
3rd	Richie Wilson	Eisenhower	04:53.7
4th	Harry Becker	Carl Sandburg	04:57.6
5th	Scott Franklin	Lemont	05:00.7
6th	Anthony Briante	Evergreen Park	05:03.2

#### 200m

1st	Lonnell Hill	Eisenhower	24.52
2nd	Eric Whatley	Lemont	25.06
3rd	Tom Cieslik	Carl Sandburg	25.38
4th	Jakub Korsec	Ridgewoods	25.42
5th	Kyle Cafferkey	Romeoville	25.72
6th	Dion Parker	Eisenhower	26.11

#### 1600m relay

1st	Carl Sandburg	3:41
2nd	Romeoville	3:45
3rd	Lemont	3:56
4th	Ridgewood	3:58
5th	Evergreen Park	4:04
6th	Eisenhower	4:25

#### Team Standings

1st	Carl Sandburg	171
2nd	Lemont	92
3rd	Romeoville	91
4th	Eisenhower	71.5
5th	Evergreen Park	18.5
6th	Ridgewood	14