## IHSA "2A" GLENBARD SOUTH SECTIONAL Glenbard South High School

Friday, May 16, 2014

## **ORDER OF EVENTS / TIME SCHEDULE**

Pre-Meet		
	3:30 - 4:00	Scratches – All scratches must be made by 4:00
	3:30 - 4:00	Weigh-in for shot puts and discus in the track shed.
	4:00	Coaches Meeting
	4:05	Workers Report for meeting with referee
	4:10	Warm-Up for all field events except Shot
	4:15	Captains/Coaches Meeting with starters at finish line
Field Events		
	4:30	Discus – 2 Flights (Top 9 to Finals)
	4:30	Long Jump – 2 Flights (Top 9 to Finals)
	TBD	Triple Jump – Start at completion of Long Jump (Top 9 to Finals)
	4:30	High Jump – 4' 4" Starting Height
	4:30	Pole Vault – 6' 0" Starting Height
	TBD	Shot – (Flt. 1 begins when finals of Discus start, Top 9 to Finals)
<b>Running Prelims</b>		
	5:30	100 Meters Semi's – 4 Heats; Heat Winner plus next $\underline{4}$ fastest times advance
	5:45	100 Hurdles Semi's – 3 Heats; Heat Winner plus next 5 fastest times advance
	5:55	200 Meters Semi's – 4 Heats; Heat Winner plus next $\underline{4}$ fastest times advance
	6:25	National Anthem
Running Finals	6:30	4 x 800 Meter Relay – 1 Section Final
J	6:50	4 x 100 Meter Relay – 2 Sections against time
	7:00	3200 Meters – 1 Section Final
	7:20	100 Meter High Hurdles – Final
	7:25	100 Meter Dash – Final
	7:30	800 Meters –2 Sections against time
	7:40	4 x 200 Meter Relay – 2 Sections against time
	7:50	400 Meters – 4 Sections against time
	8:05	300 Meter Low Hurdles – 3 Sections against time
	8:20	1600 Meters – 2 Sections against time
	8:35	200 Meters – Final
	8:40	4 x 400 Meter Relay – 2 Sections against time

<sup>\*\*\*</sup> Field Events will begin at 4:30.

<sup>\*\*\*</sup>Track Events will begin at 5:30 with preliminary heats of the 100m, 100h, and 200m.

<sup>\*\*\*</sup>Running Finals will begin at 6:30. We will do our best to adhere to the time schedule.