

PALATINE INVITATIONAL - MEET OF CHAMPIONS

BOY'S & GIRL'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL hosted by PALATINE HIGH SCHOOL

Saturday, September 27, 2014 - 9:00 A.M.

@Deer Grove East Forest Preserve

TIME SCHEDULE:

Walk the Course:	8:30 A.M.	
Boys Frosh Race:	9:00 A.M.	2.5 Miles
Girls Fr/So Race:	9:25 A.M.	2.5 Miles
Boys Soph Race:	9:50 A.M.	3.0 Miles
Girls Var. Race:	10:20 A.M.	3.0 Miles
Boys Var. Race:	10:50 A.M.	3.0 Miles
Girls J.V. Race:	11:20 A.M.	3.0 Miles
Boys J.V. Race:	11:50 A.M.	3.0 Miles
Awards:	12:20 P.M.	

TEAMS ENTERED:

BOYS – (32)

Addison Trail	Jones College Prep	Niles North	York
Barrington	Lake Zurich	Oakwood	Yorkville
Cary Grove	Libertyville	Palatine	Zion-Benton
Champaign Centennial	Loyola Academy	Plainfield South	
Crystal Lake Central	Maine South	Prairie Ridge	
Dundee Crown	Maine West	Prospect	Centerville (OH)
Gardner-SW	McHenry	St. Charles North	Daviess County (KY)
Hersey	Mundelein	St. Ignatius	St. Louis University HS (MO)
Hononegah	New Trier	Stevenson	St. Xavier (KY)

GIRLS – (29)

Barrington	Hersey	Maine West	Wheaton-Warrenville South
Buffalo Grove	Lake Park	McHenry	Yorkville
Cary Grove	Lake Zurich	Mundelein	
Crystal Lake Central	Libertyville	New Trier	Assumption (KY)
Downers Grove North	Loyola Academy	Palatine	Centerville (OH)
Dundee Crown	Lyons Township	Prospect	Daviess County (KY)
Gardner-SW	Maine South	Prairie Ridge	St. Francis (CA)
Glenbrook North		Stevenson	Valparaiso (IN)

ENTRIES:

Your entries must be submitted by Tuesday, September 23rd, at 9:00pm.

- Go to www.realtiminginc.com and select the Palatine Invitational from the Up-Coming Events column.
- Click on **Entry Form** this will open an Excel spreadsheet that is the entry form for the meet.
- For each athlete, enter First Name, Last Name, Class (Fr, So, Jr, or Sr), and Gender (F or M)
- Save the Excel file on your computer
- Finally e-mail a copy of the Excel entry form to: entries@realtiminginc.com

MEET SITE:

Deer Grove East Forest Preserve on Dundee Road, ¼ mile west of Hicks Rd. Some (very limited) spectator parking is available. From Rt. 53, exit Dundee Rd. west. Go approximately 2 miles to Deer Grove. Turn right at first entrance past Hicks Rd. Course routes are 3.0 miles and 2.5 miles. 3/8" spikes are suggested for all.

AWARDS:

We will award 7 medals to the following top teams.
The coach of these teams will receive a special award.

Team:	Boys Frosh	1 st 3 teams	Girls Fr/So	1 st 4 teams
	Boys Soph	1 st 3 teams	Girls JV	1 st 3 teams
	Boys JV	1 st 3 teams	Girls Varsity	1 st 5 teams
	Boys Varsity	1 st 5 teams		

Individual:	Varsity races	1 st through 30 th place medals
	Soph, & JV races	1 st through 20 th place medals
	Frosh & F/S races	1 st through 25 th place medals

ENTRY FEE: Girls - \$130.00 Boys - \$130.00 Both - \$260.00

ENTRY LIMITS:

Boys & Girls JV race	Unlimited entries (3.0 miles)
Boys Sophomore Race	Unlimited entries (3.0 miles)
Boys Freshman Race	Unlimited entries (2.5 miles)
Girls Frosh-Soph Race	Unlimited entries (2.5 miles)
Boys & Girls Varsity Race	SEVEN RUNNERS ONLY (3.0 miles)

INSTRUCTIONS: Upon arrival, pick up your envelopes containing all necessary information AT THE SHELTER ACROSS FROM THE START/FINISH LINE.

WASHROOMS: Portable washrooms will be provided. **PLEASE BRING YOUR OWN WATER.**

PARKING: All busses are to unload athletes near start/finish line. The bus must then exit through maintenance area and park at the high school. Only exception will be if coach is driving the bus.

***see attached** Due to conflict with the MIDTOWN 5K, **ALL BUSES MUST BE IN BEFORE 8:00 am.** The Deer Grove entrance will be closed from 8:00 am until 9:00 am.
A spectator shuttle will be available to Deer Grove East course from Palatine High School parking lot. Palatine HS address is 1111 N. Rohlwing Road, Palatine, IL 60074

WARM-UP AREA: Please avoid running on the paved bike path from 8:15-9:30 due to Midtown 5k

TEAM CAMPS: Tents and team areas should be set up on south side of the road.

DRESSING: No locker rooms are available. Please come dressed and prepared to run.

T-SHIRTS: We will be selling Palatine Invitational MEET OF CHAMPIONS T-shirts for \$12.00. Due to Cook Country Forest Preserve restrictions on sales...**Coaches must fax pre-order forms detailing colors and sizes needed by THURSDAY, September 25th at 5:00pm.** T-shirts may be paid for and picked up at the meet headquarters. A very limited number of T-shirts may be available the day of the meet.

CONCESSIONS: A food/drink tent will be set up by the cross country parents.

RESULTS: Results will be posted at **www.realtiming.com** shortly after the meet. A copy of results (no JV open), one per school, will be available at the conclusion of the meet.

FOR MORE INFORMATION CONTACT

Athletic Director	Jerry Dobbs (jdobbs@d211.org)	(847) 755-1770
Boys Cross Country Coach	Chris Quick (cquick@d211.org)	(847) 755-1716 <u>Home</u> - (847) 202-0692
Girls Cross Country Coach	Joe Parks (jparks@d211.org)	(847) 755-1783 <u>Cell</u> - (847) 651-6272

2014 Palatine Invite Start Boxes

Girls	Box #	Boys
Gardner-SW	1	Cary Grove
Valparaiso(IN)	2	Jones College Prep
Daviess County (KY)	3	Zion-Benton
Cary Grove	4	Palatine
Wheaton Warrenville South	5	Addison Trail
Crystal Lake Central	6	Dundee Crown
Palatine	7	Maine West
Lake Park	8	Prospect
Dundee Crown	9	Hersey
Libertyville	10	Hononegah
Glenbrook North	11	Lake Zurich
Lake Zurich	12	Crystal Lake Central
Hersey	13	Centerville (OH)
New Trier	14	New Trier
Downers Grove North	15	Stevenson
Loyola Academy	16	Niles North
Assumption (KY)	17	St. Louis University HS (MO)
Lyons Township	18	St. Ignatius
St. Francis (CA)	19	Libertyville
Maine West	20	Yorkville
McHenry	21	Loyola Academy
Centerville (OH)	22	Maine South
Barrington	23	Barrington
Mundelein	24	York
Prospect	25	McHenry
Yorkville	26	Daviess County (KY)
Maine South	27	Champaign Centennial
Buffalo Grove	28	St. Xavier (KY)
Stevenson	29	Mundelein
Prairie Ridge	30	Prairie Ridge
X	31	St. Charles North
X	32	Plainfield South

Important Reminders

- Entries due Tuesday, September 23rd by 9:00 pm
- T-Shirt Orders due Thursday, September 25th by 5:00 pm
 - Busses need to be in Deer Grove by 8:00 am
(Gates closed 8:00-9:00 am due to 5k road race)

Palatine Cross Country Invitational Event Parking

All buses with athletes must enter the Forest Preserve and drop-off the athletes before 8:00 am. The entrance will be closed from approximately 8:00 am to 9:00 am as Midtown Athletic Club conducts its 5K charity run. If you come after 8:00 am, you may be directed to the high school and your athletes may miss their races.

Traffic Flow

All traffic into Deer Grove East Forest Preserve will enter through the main entrance on Dundee Rd. Team buses, shuttle buses, and cars dropping off handicapped or small children will exit through the service entrance at Dundee Rd. and Smith Rd. These vehicles will then be parked at Palatine High School for the duration of the event. A shuttle will transport all drivers to the course, if desired. Traffic marshals will be deployed at the drop-off point in Deer Grove East, at the point where the bike path crosses the service entrance, and at the service exit onto Dundee Rd.

Spectator Parking and Shuttle Traffic Plan

Spectators can park in Deer Grove East until available spots are taken. Then, all cars should be parked in the Pepper Tree neighborhood to the south of the forest preserve or Palatine High School. District 211 will provide a shuttle from Palatine High School to Deer Grove East. The shuttle will not run, though, from 8:00 am to 9:00 am when the main entrance is closed.

After the lots fill in Deer Grove East, police directing traffic at the Dundee Rd. main entrance will advise spectators to follow signs for parking at Palatine High School. Please inform your parents that parking in the UPS lot or in the lot at the corner of Dundee and Smith Rds will result in towing.

Signage

Signs reading "CC Invite Parking" with appropriate directional arrows will be posted at the following corners to direct spectator traffic to Palatine High School:

- Smith Rd. and Dundee Rd.
- Smith Rd. and Cunningham Rd.
- Cunningham Rd. and Hicks Rd.
- Dundee Rd. and Hicks Rd.
- Entrance to Deer Grove East

Handicapped Parking

There are handicapped spots inside Deer Grove East. Should those spots become filled, then the handicapped person may be dropped off at the course.

Emergency Vehicle Access

Posted "No Parking" signs in Pepper Tree should ensure access to those homes. Inside the Forest Preserve, cones will be deployed in front of the yellow "knock-block" access points to prevent illegal parking.

Map of Proposed Traffic Flow



Signs = ○
Marshals = ☺

Distance from Palatine High School to Deer Grove East = 1.5 miles to entrance

2014 PALATINE INVITE T-SHIRT ORDER

SUMMARY FAX SHEET

Due to restrictions of mass selling merchandise on site at Deer Grove East Forest Preserve we must fulfill pre-orders on our t-shirts. If you preorder you are guaranteed the color and size of your choice. Shirts are \$12 ea.

School: _____

Boys or Girls (circle)

Head Coach: _____

Phone: _____

Email: _____

Place number of each size in box.

IRISH GREEN		SM		MD		LG		XL
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HEATHER RED		SM		MD		LG		XL
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HEATHER NAVY		SM		MD		LG		XL
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GOLD		SM		MD		LG		XL
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Total Tee's		x \$12 each =		Total Amount Due
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Payment is due at pick-up Saturday Morning. Cash or Check to Palatine XC

Please submit this form by Thursday, September 25th at 5:00pm

via fax at 847-755-1773, or you can e-mail your list of sizes/colors to Coach Parks at jparks@d211.org
(I will reply back within the day of receiving your email/fax for verification)

Colors choices this year are Irish Green, Heather Red, Heather Navy, & Gold

Name

SIZE (circle)

COLOR(circle)

S M L XL

Green Red Navy Gold

S M L XL

Green Red Navy Gold

S M L XL

Green Red Navy Gold

S M L XL

Green Red Navy Gold

S M L XL

Green Red Navy Gold

S M L XL

Green Red Navy Gold

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Green Red Navy Gold

DO NOT FAX THIS SHEET – FOR YOUR RECORDS ONLY
ONLY FAX THE ONE PAGE SUMMARY SHEET

2014 Palatine Invite “Meet of Champions” Tee

\$12 each

Pre-orders are necessary as we are not permitted to sell large quantities on site.

All Participating School Names are printed on back of T-Shirt



Heather Red



Heather Navy



Irish Green



Gold

COLORS ABOVE MAY NOT BE EXACT DUE TO PRINTER

2014 PALATINE INVITE			
ADDISON TRAIL	HONONEGAH	MUNDELEIN	WHEATON-WARRENVILLE SOUTH
BARRINGTON	JONES COLLEGE PREP	NEW TRIER	YORK
BUFFALO GROVE	LAKE PARK	NILES NORTH	YORKVILLE
CARY GROVE	LAKE ZURICH	OAKWOOD	ZION-BENTON
CHAMPAIGN CENTENNIAL	LIBERTYVILLE	PALATINE	ASSUMPTION (KY)
CRYSTAL LAKE CENTRAL	LOYOLA ACADEMY	PLAINFIELD SOUTH	CENTERVILLE (OH)
OWNERS GROVE NORTH	LYONS TOWNSHIP	PRAIRIE RIDGE	DAVIESS COUNTY (KY)
DUNDEE CROWN	MAINE SOUTH	PROSPECT	ST. FRANCIS (CA)
GARDNER-SW	MAINE WEST	ST. CHARLES NORTH	ST. LOUIS UNIV. HS (MO)
GLENBROOK NORTH	MCHENRY	ST. IGNATIUS	ST. XAVIER (KY)
HERSEY	MUNDELEIN	STEVENSON	VALPARAISO (IN)

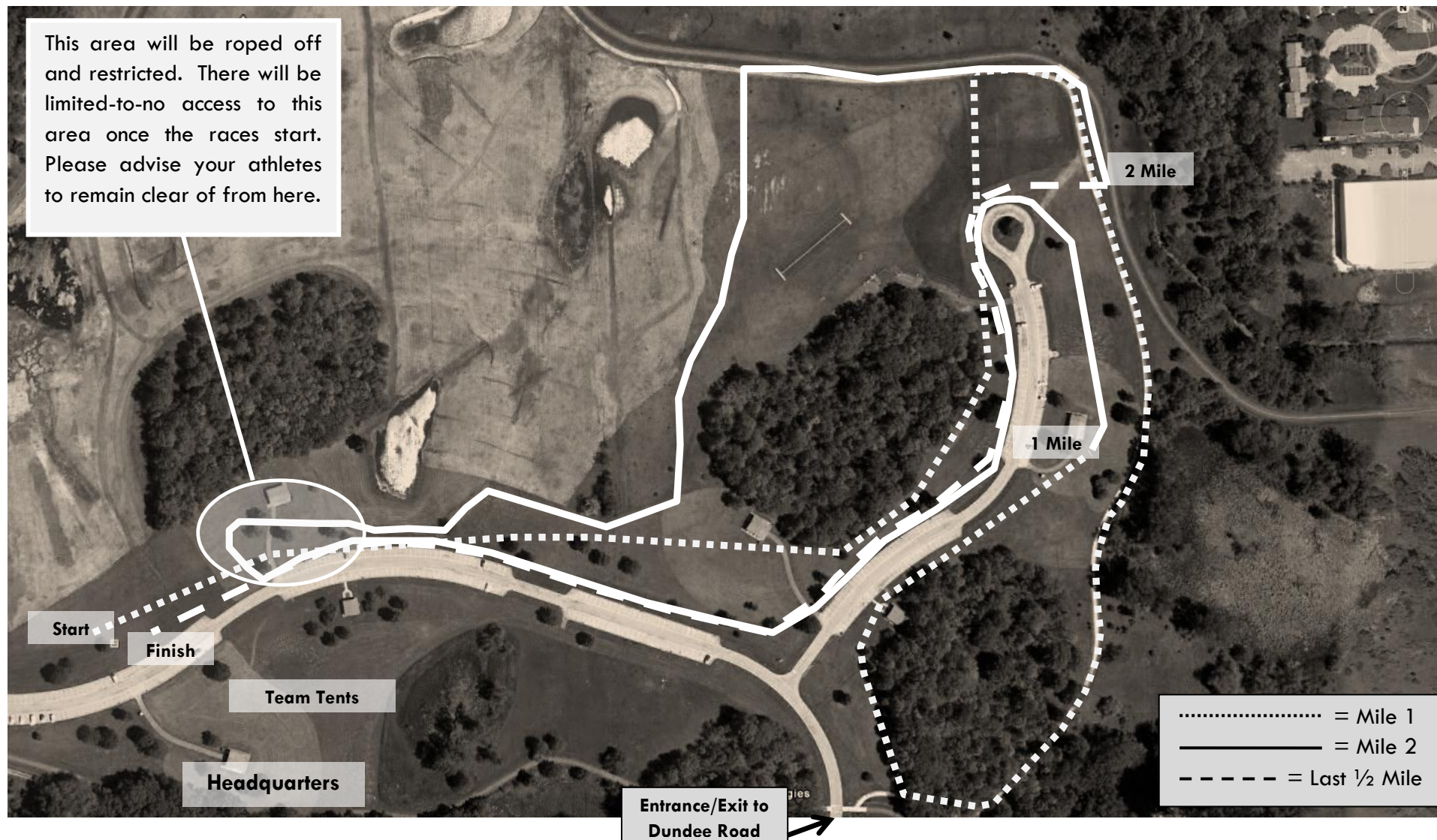
Back

PALATINE PIRATES CROSS COUNTRY

- Deer Grove East Forest Preserve • Home to Pirates XC since 2001 •
- 2.5 mile Course**



This area will be roped off and restricted. There will be limited-to-no access to this area once the races start. Please advise your athletes to remain clear of from here.



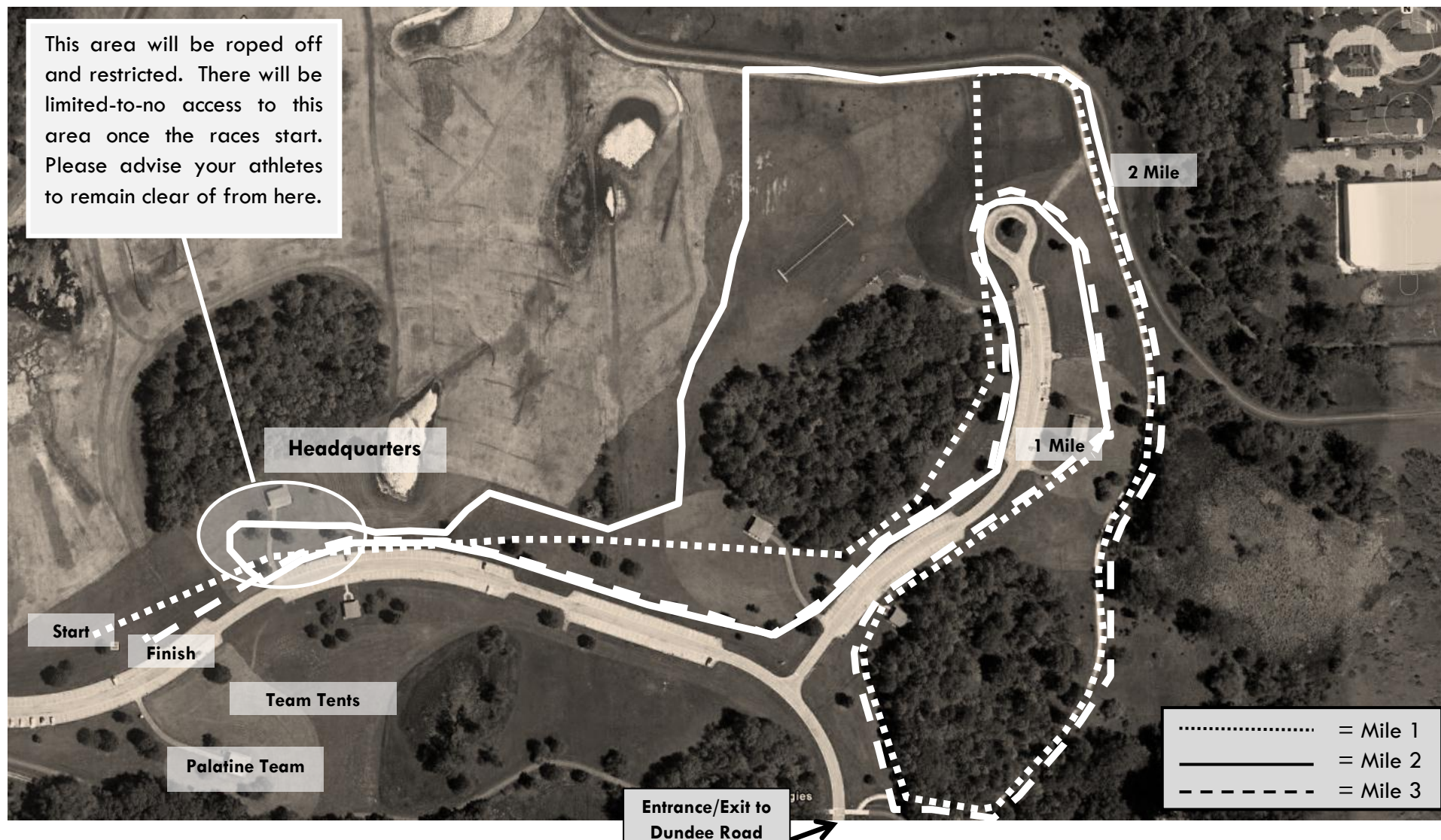
..... = Mile 1
———— = Mile 2
----- = Last ½ Mile



PALATINE PIRATES CROSS COUNTRY

- Deer Grove East Forest Preserve • Home to Pirates XC since 2001 •
- 3.0 mile Course**

This area will be roped off and restricted. There will be limited-to-no access to this area once the races start. Please advise your athletes to remain clear of from here.



PALATINE PIRATES CROSS COUNTRY

- Deer Grove East Forest Preserve • Home to Pirates XC since 2001 •
- 2.5 mile Course**

