

Demo Meet - 4/7/2015
St. Joseph-Ogden Track
Results

Women 100 Meter Dash

Name	Team	Finals
Finals		
1 Rupkey, Lizzie	MHS	12.81
2 Izard, Frankie	SJO	13.47
3 Reeves, Aleesia	SJO	14.02
4 Leischner, Abbey	MHS	14.05
5 Myers, Zanna	MHS	14.57
6 Sawlaw, Sarah	MHS	14.87

Women 200 Meter Dash

Name	Team	Finals
Finals		
1 Rupkey, Lizzie	MHS	26.90
2 Hamer, Kristen	SJO	27.76
3 Fritz, Annalise	SJO	29.63
4 Gallo, Sydney	SJO	29.98
5 Greenfield, Haley	MHS	36.79

Women 400 Meter Dash

Name	Team	Finals
Finals		
1 Gallo, Sydney	SJO	1:06.42
2 McFarland, Kendyl	MHS	1:09.61
3 Valentine, Kathryn	MHS	1:09.81
4 Greenfield, Haley	MHS	1:29.48

Women 800 Meter Run

Name	Team	Finals
Finals		
1 Graham, Morgann	SJO	2:34.19
2 Fisher, Abby	SJO	2:34.20
3 Utgaard, Maggie	MHS	2:42.01
4 Elmore, Morgan	MHS	2:50.00
5 Remmert, Sophie	MHS	2:50.65
6 Mesplay, Madison	MHS	2:57.04
7 Busby, Mikayla	MHS	3:13.53

Women 1600 Meter Run

Name	Team	Finals
Finals		
1 Tutich, Maddie	MHS	5:45.37
2 Duncan, Audrey	MHS	5:54.22
3 Gawthorp, Abby	SJO	5:58.34
4 Elmore, Morgan	MHS	6:10.55
5 Smith, Keely	SJO	6:12.32
6 Mesplay, Madison	MHS	6:29.77
7 Kallemach, Madelynn	MHS	6:59.47
8 Busby, Mikayla	MHS	7:32.88

Women 3200 Meter Run

Name	Team	Finals
Finals		
1 Tutich, Maddie	MHS	11:57.10
2 Helenthal, Taylor	MHS	14:40.48
3 Kallemach, Madelynn	MHS	15:34.11

Women 100 Meter Hurdles

Name	Team	Finals
Finals		
1 Ness, Olivia	MHS	15.85
2 Francisco, Parker	SJO	17.02
3 Maroon, Zea	SJO	17.18
4 Helferich, Emma	MHS	17.48
4 Welter, Aliyah	MHS	17.48
6 Mullen, Rachel	SJO	19.24

Women 300 Meter Hurdles

Name	Team	Finals
Finals		
1 Ness, Olivia	MHS	49.26
2 Welter, Aliyah	MHS	49.66
3 Maroon, Zea	SJO	50.70
4 Helferich, Emma	MHS	51.32
5 Francisco, Parker	SJO	53.15
6 Mullen, Rachel	SJO	54.77
7 Sawlaw, Sarah	MHS	58.49

Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Monticello High School	A	51.24
Leischner, Abbey	Rupkey, Lizzie	
Ness, Olivia	Welter, Aliyah	
2 St. Joseph-Ogden High School	A	51.28
Izard, Frankie	Mizer, Abby	
Maroon, Zea	Hamer, Kristen	

Women 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Monticello High School	A	1:49.05
Ness, Olivia	Leischner, Abbey	
Helferich, Emma	Rupkey, Lizzie	
2 St. Joseph-Ogden High School	A	1:51.59
Izard, Frankie	Mizer, Abby	
Fritz, Annalise	Hamer, Kristen	

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 St. Joseph-Ogden High School	A	4:24.08
Graham, Morgann	Reeves, Aleesia	
Mabry, Sam	Mizer, Abby	
2 Monticello High School	A	4:35.73
Myers, Zanna	McFarland, Kendyl	
Valentine, Kathryn	Tutich, Maddie	
3 Monticello High School	B	4:55.66
Gortner, Kelsi	Sawlaw, Sarah	
Auten, Anna	Utgaard, Maggie	
4 Monticello High School	C	5:05.27
Elmore, Morgan	Remmert, Sophie	
Mesplay, Madison	Duncan, Audrey	

Women 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 St. Joseph-Ogden High School	A	10:49.75
Smith, Keely	Fisher, Abby	
Mabry, Sam	Gawthorp, Abby	
2 Monticello High School	A	11:26.25
Elmore, Morgan	Remmert, Sophie	
Mesplay, Madison	Utgaard, Maggie	

Women High Jump

Name	Team	Finals
Finals		
1 Myers, Zanna	MHS	4-10.00
2 Auten, Anna	MHS	4-06.00
3 Kurtz, Katie	SJO	4-04.00
4 Fritz, Annalise	SJO	4-00.00

Women Pole Vault

Name	Team	Finals
Finals		
1 Welter, Aliyah	MHS	11-01.00
2 Atwood, Hanna	SJO	10-07.00
2 McFarland, Kendyl	MHS	10-07.00
4 Kelso, Sydney	SJO	7-07.00

Women Long Jump

Name	Team	Finals
Finals		
1 Atwood, Hanna	SJO	15-08.50
2 Leischner, Abbey	MHS	15-03.00
3 Mizer, Abby	SJO	14-09.00
4 Gortner, Kelsi	MHS	14-04.00
5 Mullen, Rachel	SJO	13-04.00
6 Smith, Madi	SJO	13-02.50

Women Triple Jump

Name	Team	Finals
Finals		
1 Helferich, Emma	MHS	32-00.50
2 Francisco, Parker	SJO	32-00.00
3 Myers, Zanna	MHS	30-10.00
4 Gortner, Kelsi	MHS	28-11.00
5 Smith, Madi	SJO	26-10.00

Women Shot Put

Name	Team	Finals
Finals		
1 Kurtz, Katie	SJO	30-02.50
2 Auten, Anna	MHS	30-00.50
3 Kelso, Sydney	SJO	24-10.00
4 Acklin, Sarah	SJO	24-06.00
5 Haugen, Anna	MHS	20-10.50
6 Altan, Gabrielle	MHS	19-03.00
--- Littlefield, Nattalie	SJO	ND
--- DeWeese, Alyssa	SJO	ND

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Women Discus Throw

Name	Team	Finals
Finals		
1 Auten, Anna	MHS	94-07.50
2 Kelso, Lindsey	SJO	88-09
3 Kurtz, Katie	SJO	81-02
4 Acklin, Sarah	SJO	63-02
5 Sawlaw, Sarah	MHS	60-01
6 Haugen, Anna	MHS	52-09.50
7 Altan, Gabrielle	MHS	52-00.50
--- DeWeese, Alyssa	SJO	ND
--- Littlefield, Nattalie	SJO	ND

Men 100 Meter Dash

Lane Name	Team	Finals
Finals		
1 Tice, Jesse	SJO	11.89
2 Allen, Ryan	SJO	11.91
3 Welter, Tyus	MHS	12.58
4 Poff, Nick	SJO	12.61
5 Florey, Isiah	MHS	12.76
6 Lienhart, Jack	MHS	13.18
7 Smith, Bryson	MHS	13.33
8 Weatherford, Logan	MHS	14.38

Men 200 Meter Dash

Lane Name	Team	Finals
Finals		
1 Ciota, Orion	SJO	23.53
2 Barber, Sean	SJO	23.78
3 Tice, Jesse	SJO	24.37
4 Pence, Jake	SJO	25.13
5 Wildman, Brandon	MHS	25.67
6 Burgard, Michael	MHS	25.95
7 Wright, Noah	MHS	26.68
8 Espenschied, Will	MHS	26.82
9 Krall, Ryne	SJO	27.13
10 Lienhart, Jack	MHS	27.17
11 Smith, Bryson	MHS	27.30
12 Mattsey, Ben	SJO	28.38

Men 400 Meter Dash

Name	Team	Finals
Finals		
1 Peters, Logan	MHS	55.16
2 Phillips, Nate	SJO	57.95
3 Wright, Noah	MHS	59.50
4 Mattsey, Ben	SJO	1:00.84
5 Acklin, John	SJO	1:02.14
6 Krall, Ryne	SJO	1:03.77
7 Norvell, Michael	MHS	1:09.93

Men 800 Meter Run

Name	Team	Finals
Finals		
1 Earp, Austin	SJO	2:07.00

2 Kilby, James	MHS	2:13.34
3 Tate, Eric	MHS	2:26.37
4 Wolfersberger, Wyatt	SJO	2:32.81
5 Tracy, Patrick	MHS	2:48.77
6 Foran, Owen	MHS	3:02.84

Men 1600 Meter Run

Name	Team	Finals
Finals		
1 Furcich, Justin	MHS	4:40.50
2 Mesplay, Zach	MHS	4:41.54
3 Earp, Austin	SJO	4:49.04
4 Phillips, Justin	SJO	4:53.73
5 Alexander, Luke	MHS	5:05.04
6 Hodson, Ben	MHS	5:24.36
7 Rein, Austin	SJO	5:33.14
8 Pridemore, Braden	SJO	5:39.83
9 Rebbe, Jacob	MHS	5:57.18
10 Trusner, Logan	MHS	6:15.56

Men 3200 Meter Run

Name	Team	Finals
Finals		
1 Norvell, Matthew	MHS	10:02.00
2 Smetzer, Ross	SJO	10:41.29
3 Helmuth, Alex	MHS	11:15.24
4 Wilkin, JC	MHS	12:11.90
5 Menacher, Sam	MHS	13:19.50

Men 110 Meter Hurdles

Name	Team	Finals
Finals		
1 Becker, Clay	MHS	17.80
2 Burgard, Michael	MHS	18.08
3 Lyons, Gabe	SJO	18.31
4 Baker, Riley	SJO	19.80

Men 300 Meter Hurdles

Name	Team	Finals
Finals		
1 Poff, Nick	SJO	42.10
2 Becker, Clay	MHS	42.92
3 Lyons, Gabe	SJO	45.00
4 Burgard, Michael	MHS	46.00
5 Baker, Riley	SJO	48.09

Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 St. Joseph-Ogden High School	A	44.90
Barber, Sean	Ciota, Orion	
Allen, Ryan	Tice, Jesse	
2 Monticello High School	B	46.15
Lienhart, Jack	Smith, Bryson	
Wright, Noah	Harman, Nathan	

3 Monticello High School	A	48.72
Becker, Clay	Florey, Isiah	
Welter, Tyus	Wildman, Brandon	

Men 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 St. Joseph-Ogden High School	A	1:33.34
Barber, Sean	Ciota, Orion	
Allen, Ryan	Mizer, Ethan	
2 Monticello High School	A	1:38.43
Becker, Clay	Florey, Isiah	
Welter, Tyus	Wildman, Brandon	

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 St. Joseph-Ogden High School	A	3:36.05
Poff, Nick	Phillips, Nate	
Lyons, Gabe	Allen, Ryan	
2 Monticello High School	A	3:57.09
Florey, Isiah	Welter, Tyus	
Furchich, Justin	Peters, Logan	
3 Monticello High School	B	4:12.32
Norvell, Matthew	Kilby, James	
Tracy, Patrick	Tate, Eric	

Men 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Monticello High School	A	8:42.26
Peters, Logan	Kilby, James	
Mesplay, Zach	Furchich, Justin	
2 Monticello High School	B	9:49.94
Alexander, Luke	Tate, Eric	
Montgomery, Will	Tracy, Patrick	
3 St. Joseph-Ogden High School	A	10:09.79
Pridemore, Braden	Thompson, Mitchell	
Wolfersberger, Wyatt	Skinnger, Tyson	

Men High Jump

Name	Team	Finals
Finals		
1 Lyons, Gabe	SJO	5-04.00
2 Pence, Jake	SJO	5-00.00
3 Acklin, John	SJO	4-10.00
--- Espenschied, Will	MHS	NH
--- Smith, Bryson	MHS	NH

Men Pole Vault

Name	Team	Finals
Finals		
1 Mizer, Ethan	SJO	14-03.00
2 Wells, Jacob	MHS	13-07.00
3 Foran, Owen	MHS	8-01.00
3 Helmuth, Alex	MHS	8-01.00
5 Weatherford, Logan	MHS	6-07.00

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Finals ... (Men Pole Vault)

---	Reihl, Albert	SJO	NH
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Men Long Jump

	Name	Team	Finals
Finals			
1	Espenschied, Will	MHS	18-04.00
2	Trimble, Brody	SJO	17-08.00
3	Pence, Jake	SJO	17-03.00
4	Wright, Noah	MHS	16-02.50

Men Triple Jump

	Name	Team	Finals
Finals			
1	Pence, Jake	SJO	37-08.00
2	Espenschied, Will	MHS	37-01.00
3	Trimble, Brody	SJO	36-09.00
4	Wildman, Brandon	MHS	35-04.00

Men Shot Put

	Name	Team	Finals
Finals			
1	Behrens, Jake	SJO	45-05.00
2	Sage, Janssen	SJO	43-05.00
3	Redwinski, Greg	MHS	41-05.00
4	Harman, Nathan	MHS	38-01.00
5	Gordon, Jake	SJO	37-08.00
6	Manint, Tracy	MHS	35-00.00
7	Zimmerman, Noah	MHS	34-04.00
8	Cox, Max	SJO	34-03.00
9	Walden, Nick	SJO	32-01.00
10	Wilson, Jack	MHS	24-09.00
11	Heck, Dylan	SJO	23-09.00
---	Glowiak, William	SJO	ND

Men Discus Throw

	Name	Team	Finals
Finals			
1	Harman, Nathan	MHS	125-07
2	Redwinski, Greg	MHS	123-07
3	Behrens, Jake	SJO	104-08
4	Sage, Janssen	SJO	92-01.50
5	Gordon, Jake	SJO	86-01
6	Walden, Nick	SJO	83-06
7	Zimmerman, Noah	MHS	81-06
8	Cox, Max	SJO	72-09
9	Manint, Tracy	MHS	71-11
10	Wilson, Jack	MHS	67-01
11	Heck, Dylan	SJO	56-10
---	Glowiak, William	SJO	ND