



# PALATINE INVITATIONAL - MEET OF CHAMPIONS



BOY'S & GIRL'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL hosted by PALATINE HIGH SCHOOL

Saturday, September 26, 2015 - 9:00 A.M.

@Deer Grove East Forest Preserve

Proudly Sponsored by



## TIME SCHEDULE:

Walk the Course:	8:30 A.M.	
Boys Frosh Race:	9:00 A.M.	2.5 Miles
Girls Fr/So Race:	9:25 A.M.	2.5 Miles
Boys Soph Race:	9:50 A.M.	3.0 Miles
Girls Varsity Race:	10:20 A.M.	3.0 Miles
Boys Varsity Race:	10:50 A.M.	3.0 Miles
Girls JV Race:	11:20 A.M.	3.0 Miles
Boys JV Race:	11:50 A.M.	3.0 Miles
Awards:	12:20 P.M.	

## TEAMS ENTERED:

Barrington  
Cary Grove  
Crystal Lake Central  
Dundee Crown  
Fenwick  
Hersey  
Hinsdale Central  
Hononegah  
Jones College Prep

Lake Zurich  
Libertyville  
Loyola Academy  
Maine South  
Maine West  
Marmion Academy  
McHenry  
Mundelein  
New Trier

### BOYS - (32)

Palatine  
Plainfield North  
Plainfield South  
Prairie Ridge  
Prospect  
St. Ignatius  
Stevenson  
Vernon Hills  
York

Yorkville  
Oakwood (Ind)

Centerville (OH)  
Mountain Brook (AL)  
St. Louis University HS (MO)  
St. Xavier (KY)

Barrington  
Buffalo Grove  
Cary Grove  
Crystal Lake Central  
Downers Grove North  
Dundee Crown  
Fenwick  
Hersey

Lake Zurich  
Libertyville  
Loyola Academy  
Lyons Township  
Maine South  
Maine West  
McHenry  
Mundelein

### GIRLS - (29)

New Trier  
Palatine  
Prairie Ridge  
Prospect  
St. Charles East  
Stevenson  
Vernon Hills

Wheaton-Warrenville South  
Yorkville  
Gardner South-Wilmington (Ind)  
  
Assumption (KY)  
Daviss County (KY)  
Mountain Brook (AL)  
Louisville Male Traditional (KY)

## ENTRIES:

**Your entries must be submitted by Tuesday, September 22<sup>nd</sup>, at 9:00pm.**

- Go to [www.realtiminginc.com](http://www.realtiminginc.com) and select the Palatine Invitational from the Up-Coming Events column.
- Click on [Entry Form](#) this will open an Excel spreadsheet that is the entry form for the meet.
- For each athlete, enter First Name, Last Name, Class (Fr, So, Jr, or Sr), and Gender (F or M)
- Save the Excel file on your computer
- Finally e-mail a copy of the Excel entry form to: [entries@realtiminginc.com](mailto:entries@realtiminginc.com)

## MEET SITE:

Deer Grove East Forest Preserve on Dundee Road, ¼ mile west of Hicks Rd. Some (very limited) spectator parking is available. From Rt. 53, exit Dundee Rd. west. Go approximately 2 miles to Deer Grove. Turn right at first entrance past Hicks Rd. Course routes are 3.0 miles and 2.5 miles. 3/8" spikes are suggested for all.

## AWARDS:

We will award 7 medals to the following top teams.  
The coach of these teams will receive a special award.

Team:	Boys Frosh	1 <sup>st</sup> 3 teams	Girls Fr/So	1 <sup>st</sup> 4 teams
	Boys Soph	1 <sup>st</sup> 3 teams	Girls JV	1 <sup>st</sup> 3 teams
	Boys JV	1 <sup>st</sup> 3 teams	Girls Varsity	1 <sup>st</sup> 5 teams
	Boys Varsity	1 <sup>st</sup> 5 teams		

Individual:	Varsity races	1 <sup>st</sup> through 30 <sup>th</sup> place medals
	Soph, & JV races	1 <sup>st</sup> through 20 <sup>th</sup> place medals
	Frosh & F/S races	1 <sup>st</sup> through 25 <sup>th</sup> place medals

**ENTRY FEE:** Girls - \$150.00 Boys - \$150.00 Both - \$300.00

**ENTRY LIMITS:**

Boys & Girls JV race	Unlimited entries (3.0 miles)
Boys Sophomore Race	Unlimited entries (3.0 miles)
Boys Freshman Race	Unlimited entries (2.5 miles)
Girls Frosh-Soph Race	Unlimited entries (2.5 miles)
Boys & Girls Varsity Race	SEVEN RUNNERS ONLY (3.0 miles)

**INSTRUCTIONS:** Upon arrival, pick up your envelopes containing all necessary information AT THE SHELTER ACROSS FROM THE START/FINISH LINE.

**WASHROOMS:** Portable washrooms will be provided. **PLEASE BRING YOUR OWN WATER.**

**PARKING:** All busses are to unload athletes near start/finish line. The bus must then exit through maintenance area and park at the high school. Only exception will be if coach is driving the bus.

Limited parking is available in Deer Grove East. For those who might want to walk or bike in, parking is also available in the parking lot of the old Dominick's grocery store on Dundee Rd, just before the Jewel at the corner of Dundee/Hicks. Walking distance to course is a little more than a mile.

**A spectator shuttle will be available to Deer Grove East course from Palatine High School parking lot. Palatine HS address is 1111 N. Rohlwing Road, Palatine, IL 60074**

**TEAM CAMPS:** Tents and team areas should be set up on south side of the road.

**DRESSING:** No locker rooms are available. Please come dressed and prepared to run.

**T-SHIRTS:** We will be selling Palatine Invitational MEET OF CHAMPIONS T-shirts for \$12.00. Due to Cook County Forest Preserve restrictions on sales...**Coaches must fax pre-order forms detailing colors and sizes needed by THURSDAY, September 24<sup>th</sup> at 5:00pm.** T-shirts may be paid for and picked up at the meet headquarters. A limited number of T-shirts may be available the day of the meet.

**CONCESSIONS:** A food/drink tent will be set up by the cross country parents.

**RESULTS:** Results will be posted at **www.realtiming.com** shortly after the meet. A copy of results (no JV open), one per school, will be available at the conclusion of the meet.

**FOR MORE INFORMATION CONTACT**

Athletic Director	Jerry Dobbs (jdobbs@d211.org)	(847) 755-1770
Boys Cross Country Coach	Chris Quick (cquick@d211.org)	(847) 755-1716 <u>Home</u> - (847) 202-0692
Girls Cross Country Coach	Joe Parks (jparks@d211.org)	(847) 755-1783 <u>Cell</u> - (847) 651-6272

## 2015 Palatine Invite Start Boxes

Girls	Box #	Boys
Gardner-SW	1	Cary Grove
Fenwick	2	Jones College Prep
Daviess County (KY)	3	Hinsdale Central
Cary Grove	4	Palatine + Oakwood (Ind.)
Wheaton Warrenville South	5	Vernon Hills
Crystal Lake Central	6	Dundee Crown
Palatine	7	Maine West
Vernon Hills	8	Prospect
Dundee Crown	9	Hersey
Libertyville	10	Hononegah
St. Charles East	11	Lake Zurich
Lake Zurich	12	Crystal Lake Central
Hersey	13	Centerville (OH)
New Trier	14	New Trier
Downers Grove North	15	Stevenson
Loyola Academy	16	Fenwick
Assumption (KY)	17	St. Louis University HS (MO)
Lyons Township	18	St. Ignatius
Mountain Brook (AL)	19	Libertyville
Maine West	20	Yorkville
McHenry	21	Loyola Academy
Louisville Male Traditional (KY)	22	Maine South
Barrington	23	Barrington
Mundelein	24	York
Prospect	25	McHenry
Yorkville	26	Marmion Academy
Maine South	27	Plainfield North
Buffalo Grove	28	St. Xavier (KY)
Stevenson	29	Mundelein
Prairie Ridge	30	Prairie Ridge
X	31	Mountain Brook (AL)
X	32	Plainfield South

### Important Reminders

- Entries due Tuesday, September 22<sup>nd</sup> by 9:00 pm
- T-Shirt Orders due Thursday, September 24<sup>th</sup> by 5:00 pm