

**2015 Saluki Fast Start**  
**SIU Recreation Center**  
(Final Time Schedule)

**SATURDAY December 5, 2014**

Field Events:

<b>*9:30 a.m.</b>	<b>Weight Throw</b>	<b>Women followed by Men</b>
	Shot Put	Women followed by Men <b>(this event will follow men's weight)</b>
10:00 a.m.	Pole Vault	Women followed by Men
10:30 a.m.	Long Jump	Men followed by Women
	Triple Jump	Men followed by Women <b>(this event will follow women's long jump)</b>
<b>*11:30 a.m.</b>	<b>High Jump</b>	<b>Women followed by men</b>

Running Events:

2:00 p.m.	60 meters – semi	Men
2:10	60 meters – semi	Women
2:20	60m hurdles – semi	Men
2:30	60m hurdles – semi	Women
2:35	Mile Run	Men
2:45	Mile Run	Women
2:55	400 meters	Men
3:10	400 meters	Women
3:25	60 meter – final (top 6)	Men
3:30	60 meter – final (top 6)	Women
3:40	60m hurdles – final (top 6)	Men
3:45	60m hurdles – final (top 6)	Women
3:50	600m Run	Men
3:55	600m Run	Women
4:00	200 meters	Men
4:15	200 meters	Women
4:30	800 meters	Men
4:40	800 meters	Women
4:45	3000 meters	Men
5:00	3000 meters	Women
5:15	4x400m Relay	Men
5:30	4x400m Relay	Women

**\* - Please note the High Jump start time is a major change from the original schedule. It is due to larger than anticipated entries in the throwing events. The Women's Weight Throw will begin 30 minutes prior to the original scheduled time.**