

# GVSU BIG MEET- FRIDAY

## FEB 12<sup>TH</sup> 2016

FINAL SCHEDULE WILL BE SET AFTER FINAL ENTRIES



### Throws Events EVENT STANDARD

2:00	Men SP/Women WT	16.50m/18.00m
	- Followed by	
	Women SP/Men WT	13.85m/18.50m
	- INVITE fields will begin after all open events finish around 5pm.	
	INVITE Men SP/Women WT	(Top 9 Entries)
	- Followed by	
	INVITE Women SP/ Men WT	(Top 9 Entries)

\*Open Field will have Prelims/Finals and the INVITE Field will have 6 throws.

### Vertical Jump Events EVENT STANDARD

2:00	High Jump Women Followed by Men	1.70m/2.07m
2:00	Pole Vault	3.40m/4.80m
	- 2 pits of around 15 women PV followed by 2 pits of men PV	

### Horizontal Events EVENT STANDARD

12:30	Men LJ/Women LJ	6.90m/5.55m
3:00	INVITE Men LJ/Women LJ	(Top 9 Entries)
4:15	INVITE Men TJ/Men TJ	13.70m
5:30	INVITE Women TJ/Women TJ	11.25m

\*Open Field will have Prelims/Finals and the INVITE Field will have 6 jumps.

Any schools from any division who hit these standards can compete at the GVSU Big Meet- Friday.

### YOU MUST USE ENTRY MARKS FROM THIS CURRENT INDOOR SEASON OR THE 2015 INDOOR SEASON.

You can convert seed marks from flat tracks to banked/ oversized tracks.

If you have an athlete that does not have a mark from either of the two seasons, please send an e-mail to our staff for the following events **by Noon on Thursday the 4th** with the situation and our event coach will communicate back to you on what they would like you to enter your athlete at.

Distance Events- Jerry Baltes [baltesj@gvsu.edu](mailto:baltesj@gvsu.edu)

Sprint Events- Alan Dunson [dunsona@gvsu.edu](mailto:dunsona@gvsu.edu)

High Jump/LJ & TJ- Steve Jones [Jonsteve@gvsu.edu](mailto:Jonsteve@gvsu.edu)

Throws- Sean Denard [denards@gvsu.edu](mailto:denards@gvsu.edu)

Pole Vault- [ANDREADL@GVSU.EDU](mailto:ANDREADL@GVSU.EDU)

Any marks that are not entered according to the above requirements are subject to not be accepted or entered at NT and put in the slowest section.

### Running Events TIME STANDARD

10:00	Men 5000	section 6 if needed	SUB 16:30
10:20	Women 5000	section 5 if needed	SUB 20:00
10:40	Men 5000	section 5 if needed	
11:00	Women 5000	section 4	
11:25	Men 5000	section 4	
11:45	Women 5000	section 3	
12:10	Men 5000	section 3	
12:40	Women 60m Hurdle Semi-Finals		SUB 8.95
12:55	Men 60 60m Hurdle Semi-Finals		SUB 8.70
1:10	Women 60 Dash Semi-Finals		SUB 7.90
1:25	Men 60 Dash Semi-Finals		SUB 7.00
1:45	Women 600		None
2:00	Men 600		None
2:15	Women 5000	section 2	
2:35	Men 5000	section 2	
3:00	Men 60m Hurdle Finals		
3:10	Women 60m Hurdle Finals		
3:20	Men 60m Dash Finals		
3:25	Women 60m Finals		
3:35	Women 400		SUB 57.5
3:50	Men 400		SUB 49.2
4:05	Women Mile		SUB 5:12
4:20	Men Mile		SUB 4:16
4:40	Women 5000	section 1	
5:00	Men 5000	section 1	
5:20	Men 800		SUB 1:55
5:40	Women 800		SUB 2:15
6:00	Women 200		SUB 25.5
6:20	Men 200		SUB 22.2
6:40	Women 3000		SUB 10:15
6:50	Men 3000		SUB 8:25
7:00	Women 4 x 400		SUB 3:54
7:20	Men 4 x 400		SUB 3:18