

Wauconda Invite 2016 - 4/22/2016

Results

Women 100 Meter Dash

Meet Records: 12.30 2015 S. Green-02/M. Paul-09/ Alison Bee

Field Record: 12.30 2015 S. Green-02/M. Paul-09/ Alison Bee

Name	School	Finals
Finals		
1 Beeman, Alison	Wauconda	12.43
2 Powell, Noemi	Round Lake	12.49
3 Wallace, Ariyona	Grant	12.62
4 Basala, Delaney	Grant	12.78
5 Elliott, Carly	Kaneland	13.04
5 Silge, Emily	Carmel	13.04
7 Zimmerman, Melanie	Carmel	13.21
8 Curry, Ana	Lake Forest	13.24
9 Obrzut, Kamila	Lake Forest	13.63
10 Sinnott, Megan	Wauconda	13.86
11 Moyers, Tara	Vernon Hills	14.25
12 Bouie, Iyana	Vernon Hills	14.27
13 Martinez, Diana	Round Lake	14.80
14 Holt, Rachael	Hampshire	14.81
15 Vernon, Skylar	Hampshire	15.09
16 Zengeler, Lauren	LFA	15.43
17 Shin, Hye Rin (Bella)	LFA	16.19

Women 200 Meter Dash

Meet Records: 25.00 2014 Lauren Zick

Field Record: 25.70 2009 Megan Paul

Name	School	Finals
Finals		
1 Basala, Delaney	Grant	26.31
2 Onwuka, Theresa (Tessy)	LFA	26.44
3 Race, Morgan	Grant	26.59
4 Beeman, Alison	Wauconda	26.80
5 Mays, Raeden	Vernon Hills	27.04
6 Pasquesi, Micaela	Lake Forest	28.37
7 Cheslog, Lauren	Carmel	28.88
8 Kennedy, Delaney	Carmel	28.98
9 Beasley-Bartee, Nubia (Bb)	LFA	29.79
10 Holt, Rachael	Hampshire	29.91
11 Turner, Linsey	Kaneland	31.98
12 Williams, Amiya	Round Lake	32.14
13 Vernon, Skylar	Hampshire	32.66
14 Bernhardt, Elizabeth	Wauconda	33.03

Women 400 Meter Dash

Meet Records: 58.10 2004 Sandra Smith

Field Record: 58.10 2004 Sandra Smith

Name	School	Finals
Finals		
1 Troemel, Lauren	Grant	1:02.02
2 Bentley, Grace	Lake Forest	1:02.20
3 Bartholomew, Carly	Kaneland	1:03.38
4 Pinter, Nicole	Vernon Hills	1:04.57
5 Psenka, Jaclyn	Carmel	1:05.26
6 Duffy, Danielle	Carmel	1:05.75
7 Tsai, Vivian	Vernon Hills	1:06.77
8 Kocourek, Abigail	Lake Forest	1:07.11

9 Pichman, Carlye	Wauconda	1:07.17
10 Robinson, Sam	Grant	1:09.23
11 Markey, Anna	LFA	1:09.57
12 Sullivan, Billie	Wauconda	1:10.64
13 Sotelo, Shayla	Hampshire	1:13.69
14 Gonzalez, Jennifer	Round Lake	1:15.05
15 Samra, Amira	LFA	1:16.34
16 Cruz, Olimpia	Round Lake	1:16.41
17 Wilson, Anna	Hampshire	1:21.00

Women 800 Meter Run

Meet Records: 2:17.40 2005 Pam Staton

Field Record: 2:17.40 2005 Pam Staton

Name	School	Finals
Finals		
1 Romig, Madison	Grant	2:17.21
2 Katz, Lauren	Vernon Hills	2:24.58
3 Richtman, Becca	Kaneland	2:24.97
4 Evans, Elizabeth	Hampshire	2:26.84
5 Mayer, Marie	Hampshire	2:28.22
6 Hull, Aileen	Carmel	2:29.48
7 Panos, Zoe	Lake Forest	2:34.57
8 Skeoch, Shannon	Vernon Hills	2:35.09
9 Bolton, Karleigh	Grant	2:36.11
10 Terselic, Gabby	Carmel	2:38.00
11 Cederholm, Laura	Wauconda	2:58.46
12 Miller, Caroline	LFA	2:59.61
13 Cordova, Ruby	Round Lake	2:59.82
14 Wilkin, Mackenzie (Kenzie)	LFA	3:21.01
--- Condic, Emily	Lake Forest	DQ

Women 1600 Meter Run

Meet Records: 5:20.00 2007 Kendra Kennedy

Field Record: 5:13.20 2004 Katie Ellis

Name	School	Finals
Finals		
1 Overbeck, Vivian	Vernon Hills	5:17.91
2 Bower, Brianna	Kaneland	5:20.55
3 Oury, Sophia	Hampshire	5:25.78
4 Schmidt, Courtney	Lake Forest	5:34.50
5 Stockhausen, Zella	Carmel	5:36.25
6 Makowskyj, Payton	Vernon Hills	5:38.88
7 Temple, Rachael	Grant	5:41.42
8 Richert, Morgan	Hampshire	5:50.03
9 Laughlin, Lauren	Carmel	5:51.86
10 Rogel, Lizeth	Round Lake	5:54.19
11 Noble, Sophia	Lake Forest	5:58.62
12 Dodis, Grace	Kaneland	6:39.11
13 Jurcisin, Sabrina	Wauconda	6:40.23
14 Vazquez, Lorenza	LFA	6:47.39
15 Kroegel, Kelly	Wauconda	7:09.16
16 Borjas, Carolina	LFA	7:44.25

Wauconda Invite 2016 - 4/22/2016

Results

Women 3200 Meter Run

Meet Records: 11:19.30 2010 Holly Plichta

Field Record: 11:19.30 2010 Holly Plichta

Name	School	Finals
Finals		
1 Overbeck, Vivian	Vernon Hills	11:07.47
2 Hull, Aileen	Carmel	11:32.89
3 Cardy, Eva	Grant	11:39.70
4 Makowskyj, Payton	Vernon Hills	11:49.37
5 Temple, Rachael	Grant	11:55.44
6 Schmidt, Kelsey	Lake Forest	12:18.63
7 Wells, Andrea	Kaneland	12:26.51
8 Shaw, Abby	Kaneland	12:58.10
9 Bund, Blair	Lake Forest	13:05.16
10 Cuna, Jessica	Round Lake	13:20.48
11 Sotelo, Shayla	Hampshire	13:31.49
12 Wilson, Anna	Hampshire	14:09.13
13 Hayes, Kennedy	LFA	14:39.22

Women 100 Meter Hurdles

Meet Records: 15.90 2015 S.Howell-09/S.Baucus-12/Jordyn Bu

Field Record: 15.60 2002 Kristin Swanson

Name	School	Finals
Finals		
1 Bunning, Jordyn	Vernon Hills	15.67
2 Vallone, Olivia	Lake Forest	16.53
3 Robinson, Sam	Grant	17.21
4 Pasquesi, Jessica	Lake Forest	17.78
5 Nguyen, Alexis	Hampshire	17.90
6 Robinson, Shealyn	Grant	18.20
7 Martin, Jordan	Wauconda	18.23
8 Goodine, Haley	Kaneland	18.38
9 Minor, Kelly	Wauconda	18.57
10 Rivera, Rosa	Hampshire	18.60
11 Motzel, Maddie	Carmel	19.22
12 Gale, Sandra	Kaneland	19.56
13 Gonzalez, Jahaira	Round Lake	19.82
14 Shaw, Sandra	LFA	19.85
15 Heinz, Abby	Vernon Hills	19.96
16 Zhou, Katie	LFA	20.49
17 Panlalui, Gabby	Carmel	20.88

Women 300 Meter Hurdles

Meet Records: 45.70 2010 Shannon Howell

Field Record: 45.70 2010 Shannon Howell

Name	School	Finals
Finals		
1 Click, Haley	Lake Forest	48.29
2 Martens, Jamie	Kaneland	49.10
3 Vallone, Olivia	Lake Forest	49.41
4 Temple, Roxanne	Grant	49.42
5 Martin, Jordan	Wauconda	50.58
6 Nguyen, Alexis	Hampshire	51.12
7 Robinson, Shealyn	Grant	52.37
8 Minor, Kelly	Wauconda	53.18
9 Goodine, Haley	Kaneland	54.16

10	Rivera, Rosa	Hampshire	54.82
11	Motzel, Maddie	Carmel	57.07
12	Shaw, Sandra	LFA	57.16
13	Panlalui, Gabby	Carmel	58.26
14	Gonzalez, Jahaira	Round Lake	59.92
15	Zhou, Katie	LFA	1:02.37

Women 4x100 Meter Relay

Meet Records: 49.40 2014 Kaneland

Field Record: 50.80 2002 North Chicago

Team	Relay	Finals
Finals		
1 Kaneland H.S.	A	49.16
1) Hurston, Shanya	2) Heinzer, Allie	
3) Sreenan, Nicole	4) Elliott, Carly	
2 Grant High School	A	50.43
1) Basala, Delaney	2) Race, Morgan	
3) Soeder, Mariah	4) Wallace, Ariyona	
3 Vernon Hills H.S.	A	50.75
1) Carido, Emily	2) Mays, Raeden	
3) Smith, Kennedy	4) Wasserberg, Molly	
4 Carmel Catholic H.S.	A	51.48
1) Zimmerman, Melanie	2) Jensen, Emma	
3) Silge, Emily	4) Duffy, Danielle	
5 Lake Forest H.S.	A	53.03
1) Alghini, Christina	2) Pomerich, Ashlynn	
3) Obrzut, Kamila	4) Curry, Ana	
6 Hampshire	A	54.01
1) Pytel, Jackie	2) Goinsalez, Yesenia	
3) Holt, Rachael	4) Ledesma, Lesley	
7 Lake Forest Academy	A	55.48
1) Beasley-Bartee, Nubia (Bb)	2) Onwuka, Theresa (Tessy)	
3) Logan, Kendall	4) Keita, Rama	
8 Round Lake H.S.	A	56.02
1) Knill, Kaitlin	2) Jordan, Riley	
3) Lipp, Emily	4) Martinez, Diana	
9 Wauconda H.S.	A	58.51
1) Minor, Kelly	2) Sullivan, Billie	
3) Martin, Jordan	4) Pichman, Carlye	

Women 4x200 Meter Relay

Meet Records: 1:46.40 2014 Kaneland

Field Record: 1:46.40 2002 North Chicago

Team	Relay	Finals
Finals		
1 Kaneland H.S.	A	1:44.65
1) Martens, Jamie	2) Heinzer, Allie	
3) Sreenan, Nicole	4) Elliott, Carly	
2 Grant High School	A	1:47.27
1) Basala, Delaney	2) Race, Morgan	
3) Soeder, Mariah	4) Wallace, Ariyona	
3 Vernon Hills H.S.	A	1:47.63
1) Bunning, Jordyn	2) Mays, Raeden	
3) Smith, Kennedy	4) Wasserberg, Molly	
4 Carmel Catholic H.S.	A	1:49.21
1) Zimmerman, Melanie	2) Jensen, Emma	
3) Duffy, Danielle	4) Silge, Emily	

Wauconda Invite 2016 - 4/22/2016

Results

Finals ... (Women 4x200 Meter Relay)

Team	Relay	Finals
5 Lake Forest H.S.	A	1:52.63
1) Bazell, Anna	2) Curry, Estee	
3) Gilmore, Claire	4) Obrzut, Kamila	
6 Round Lake H.S.	A	1:57.64
1) Martinez, Diana	2) Fitcher-Moreno, Quayla	
3) Gulley, Mayra	4) Johnson, Evelyn	
7 Wauconda H.S.	A	2:02.44
1) Sinnott, Megan	2) Bernhardt, Elizabeth	
3) Fox-Maheu, Asia	4) Krawczyk, Lorraine	
8 Lake Forest Academy	A	2:07.38
1) Filawo, Tiffany	2) Beasley-Bartee, Nubia (Bb)	
3) Logan, Kendall	4) Keita, Rama	
--- Hampshire	A	DQ
1) Pytel, Jackie	2) Goinzalez, Yesenia	
3) Holt, Rachael	4) Ledesma, Lesley	

Women 4x400 Meter Relay

Meet Records: 4:04.10 2014 Hampshire
Field Record: 4:07.40 2010 Carmel

Team	Relay	Finals
1 Kaneland H.S.	A	4:06.08
1) Sreenan, Nicole	2) Heinzer, Allie	
3) Bartholomew, Carly	4) Martens, Jamie	
2 Vernon Hills H.S.	A	4:10.46
1) Bunning, Jordyn	2) Katz, Lauren	
3) Smith, Kennedy	4) Wasserberg, Molly	
3 Carmel Catholic H.S.	A	4:13.05
1) Silge, Emily	2) Zimmerman, Melanie	
3) Gray, Anna	4) Duffy, Grace	
4 Grant High School	A	4:13.77
1) Wallace, Ariyona	2) Temple, Roxanne	
3) Drabek, Brooke	4) Troemel, Lauren	
5 Lake Forest H.S.	A	4:21.02
1) Bazell, Anna	2) Bentley, Grace	
3) Click, Haley	4) Kocourek, Abigail	
6 Hampshire	A	4:21.03
1) Evans, Elizabeth	2) Mayer, Marie	
3) Oury, Sophia	4) Pytel, Jackie	
7 Wauconda H.S.	A	4:39.50
1) Sullivan, Billie	2) Martin, Jordan	
3) Krawczyk, Lorraine	4) Sinnott, Megan	
8 Lake Forest Academy	A	5:02.30
1) Markey, Anna	2) Hayes, Kennedy	
3) Shaw, Sandra	4) Keita, Rama	
9 Round Lake H.S.	A	5:03.97
1) Alvarez, Alondra	2) Aguirre, Yeni	
3) Cordova, Ruby	4) Cuna, Jessica	

Women 4x800 Meter Relay

Meet Records: 9:48.80 2014 Grant
Field Record: 9:42.50 2002 Lake Forest

Team	Relay	Finals
1 Kaneland H.S.	A	9:42.46
1) Bower, Brianna	2) Espino, Noelle	
3) Daley, Sarah	4) Richtman, Becca	
2 Hampshire	A	9:50.39
1) Evans, Elizabeth	2) Mayer, Marie	
3) Oury, Sophia	4) Richert, Morgan	
3 Grant High School	A	9:55.16
1) Drabek, Brooke	2) Bolton, Karleigh	
3) Troemel, Lauren	4) Temple, Roxanne	
4 Vernon Hills H.S.	A	10:00.46
1) Katz, Lauren	2) Overbeck, Vivian	
3) Pinter, Nicole	4) Skeoch, Shannon	
5 Lake Forest H.S.	A	10:04.43
1) Bentley, Grace	2) Condic, Emily	
3) Panos, Zoe	4) Schmidt, Callie	
6 Carmel Catholic H.S.	A	10:33.51
1) Gray, Anna	2) Zamora, Alyssa	
3) Stockhausen, Zella	4) Laughlin, Lauren	
7 Wauconda H.S.	A	11:32.97
1) Jurcisin, Sabrina	2) Cederholm, Laura	
3) Levon, Erin	4) Patel, Janvee	
8 Round Lake H.S.	A	11:59.50
1) Aguirre, Yeni	2) Alvarez, Alondra	
3) Cordova, Ruby	4) Cruz, Olimpia	

Women High Jump

Meet Records: 5-04 2015 Diana Mzyk
Field Record: 5-07 2016 Grace Daun

Name	School	Finals
1 Daun, Grace	Wauconda	5-05.00
2 Keifer, Maddie	Kaneland	5-01.00
3 Robinson, Sam	Grant	4-11.00
4 Gale, Sandra	Kaneland	4-09.00
5 Sullivan, Billie	Wauconda	4-07.00
5 Schweinberg, Allie	Grant	4-07.00
7 Sullivan, Claire	Lake Forest	4-05.00
7 Brown, Alexandra	Lake Forest	4-05.00
7 Pytel, Jackie	Hampshire	4-05.00
7 Mays, Raeden	Vernon Hills	4-05.00
11 Collin, Katie	Carmel	4-01.00
11 Puczek, Stefanie	Hampshire	4-01.00

Women Pole Vault

Meet Records: 10-03 2015 Lexie Guerra
Field Record: 11-00 2002 Lizzy Proctor

Name	School	Finals
1 Guerra, Lexie	Kaneland	10-06.00
2 Davidson, Sydney	Kaneland	J10-06.00
3 Boyd, Anika	Lake Forest	9-06.00

Wauconda Invite 2016 - 4/22/2016

Results

Finals ... (Women Pole Vault)

Name	School	Finals
4 Lombardino, Kaitlyn	Grant	8-06.00
5 Heinz, Abby	Vernon Hills	J8-06.00
6 Jensen, Emma	Carmel	J8-06.00
7 Locke, Cieran	Grant	8-00.00
8 Armango, Olivia	Carmel	7-06.00
9 Singel, Grace	Lake Forest	7-00.00
10 Bernhardt, Elizabeth	Wauconda	6-00.00

Women Long Jump

Meet Records: 17-06 2014 Lauren Zick

Field Record: 17-05 2012 Brittani Griesbaum

Name	School	Prelims
Preliminaries		
1 Onwuka, Theresa (Tessy)	LFA	16-07.00q
2 Durham, Crystal	Kaneland	16-01.00q
3 Race, Morgan	Grant	15-11.00q
4 Lombardino, Kaitlyn	Grant	15-05.00q
5 O'Toole, Megan	Carmel	15-00.00q
6 Jensen, Emma	Carmel	14-11.00q
7 White, Dannette	Lake Forest	14-06.00q
8 Krutsch, Jackie	Vernon Hills	14-05.00
8 Pomerich, Ashlynn	Lake Forest	14-05.00
10 Krawczyk, Lorraine	Wauconda	14-04.00
11 Jimdar, Alesia	Round Lake	13-10.00
12 Srivastava, Ananta	LFA	13-05.00
13 Goinzalez, Yesenia	Hampshire	13-04.00
14 Puczek, Stefanie	Hampshire	12-09.00
15 Pichman, Carlye	Wauconda	12-04.00
16 Johnson, Evelyn	Round Lake	12-03.00

Women Long Jump

Meet Records: 17-06 2014 Lauren Zick

Field Record: 17-05 2012 Brittani Griesbaum

Name	School	Finals
Finals		
1 Onwuka, Theresa (Tessy)	LFA	16-07.00
2 Race, Morgan	Grant	16-02.00
3 Durham, Crystal	Kaneland	16-01.00
4 Lombardino, Kaitlyn	Grant	15-09.00
5 Jensen, Emma	Carmel	15-01.50
6 O'Toole, Megan	Carmel	15-00.00
7 White, Dannette	Lake Forest	14-09.00

Women Triple Jump

Meet Records: 34-08.75 2014 Hosana Huff

Field Record: 35-07.75 2012 Amber Cook

Name	School	Prelims
Preliminaries		
1 Onwuka, Theresa (Tessy)	LFA	35-06.00q
2 O'Toole, Megan	Carmel	33-02.25q
3 Keifer, Maddie	Kaneland	32-07.50q
4 Phillips, Rakya	Grant	31-10.00q
5 Boyd, Anika	Lake Forest	31-08.00q
6 Goinzalez, Yesenia	Hampshire	30-08.25q
7 Jimdar, Alesia	Round Lake	30-07.75q

8 Smith, Katie	Carmel	30-07.00
9 Krawczyk, Lorraine	Wauconda	30-06.25
10 Turner, Linsey	Kaneland	29-11.00
11 Johnson, Evelyn	Round Lake	29-10.00
12 Jones, Meagan	Grant	29-09.00
13 Puczek, Stefanie	Hampshire	28-09.00
13 Surman, Melanie	Lake Forest	28-09.00
15 Krutsch, Jackie	Vernon Hills	28-00.50
16 Srivastava, Ananta	LFA	27-03.50
17 Herrera, Athina	Vernon Hills	26-09.50

Women Triple Jump

Meet Records: 34-08.75 2014 Hosana Huff

Field Record: 35-07.75 2012 Amber Cook

Name	School	Finals
Finals		
1 Onwuka, Theresa (Tessy)	LFA	35-06.00
2 Boyd, Anika	Lake Forest	33-03.75
3 O'Toole, Megan	Carmel	33-02.25
4 Keifer, Maddie	Kaneland	32-07.50
5 Jimdar, Alesia	Round Lake	31-10.25
6 Phillips, Rakya	Grant	31-10.00
7 Goinzalez, Yesenia	Hampshire	30-09.00

Women Shot Put

Meet Records: 45-10.25 2008 Bailey Wagner

Field Record: 45-10.25 2008 Bailey Wagner

Name	School	Prelims
Preliminaries		
1 Bicknase, Rachel	Grant	41-09.00q
2 Vaughan, Corrina	Wauconda	37-02.50q
3 McEnery, Kate	Grant	36-01.50q
4 Trinidad, Liz	Vernon Hills	32-06.00q
5 Brakeall, Alex	Hampshire	32-01.50q
6 Deaver, Elise	Wauconda	31-08.00q
7 Ortiz, Dariana	Round Lake	29-11.00q
8 Bergmann, Emily	Lake Forest	29-10.50
9 Benetiz, Kayla	Hampshire	29-01.00
10 Wilkerson, Tayla	Vernon Hills	28-09.50
11 Crimmins, Bailly	Kaneland	27-08.00
12 McNeal, Camille	Round Lake	26-11.00
13 Edwards, Madi	Kaneland	26-00.50
14 Goeks, Julia	Lake Forest	23-01.00
15 Sinkovec, Savannah	Carmel	22-08.00
16 Smith, Kelli	Carmel	21-05.50
17 Moore, Taylor	LFA	19-03.00
18 Bakare, Teniola	LFA	16-05.50

Women Shot Put

Meet Records: 45-10.25 2008 Bailey Wagner

Field Record: 45-10.25 2008 Bailey Wagner

Name	School	Finals
Finals		
1 Bicknase, Rachel	Grant	41-09.00
2 Vaughan, Corrina	Wauconda	37-02.50
3 McEnery, Kate	Grant	36-08.00
4 Trinidad, Liz	Vernon Hills	32-06.50

Wauconda Invite 2016 - 4/22/2016**Results****Finals ... (Women Shot Put)**

	Name	School	Finals
5	Brakeall, Alex	Hampshire	32-01.50
6	Deaver, Elise	Wauconda	31-08.00
7	Ortiz, Dariana	Round Lake	29-11.00

Women Discus Throw

Meet Records: 157-07 2008 Bailey Wagner

Field Record: 154-07 2008 Bailey Wagner

	Name	School	Prelims
Preliminaries			
1	Bicknase, Rachel	Grant	125-07q
2	McEnery, Kate	Grant	112-07q
3	Bergmann, Emily	Lake Forest	104-05q
4	Vaughan, Corrina	Wauconda	93-09q
5	Deaver, Elise	Wauconda	89-04q
6	McClinton, Kayla	Carmel	85-05q
7	Goad, Maggie	Hampshire	85-03q
8	Schaefer, Julia	Kaneland	84-00
9	Gustitus, Grace	Hampshire	81-04
10	Trinidad, Liz	Vernon Hills	77-05
11	Mariella, Alia	Vernon Hills	75-07.50
12	Ortiz, Dariana	Round Lake	73-05
13	Sinkovec, Savannah	Carmel	71-07
14	Goeks, Julia	Lake Forest	65-03
15	Winndandy, Alexis	Round Lake	62-11
16	Crimmins, Bailly	Kaneland	62-10
17	Bakare, Teniola	LFA	43-03
18	Moore, Taylor	LFA	42-03

Women Discus Throw

Meet Records: 157-07 2008 Bailey Wagner

Field Record: 154-07 2008 Bailey Wagner

	Name	School	Finals
Finals			
1	Bicknase, Rachel	Grant	125-07
2	McEnery, Kate	Grant	112-07
3	Bergmann, Emily	Lake Forest	106-05
4	Vaughan, Corrina	Wauconda	93-09
5	Deaver, Elise	Wauconda	89-04
6	Goad, Maggie	Hampshire	85-08
7	McClinton, Kayla	Carmel	85-05

Women - Team Rankings - 18 Events Scored

1)	Grant High School	149.5
2)	Kaneland H.S.	109.5
3)	Vernon Hills H.S.	79
4)	Lake Forest H.S.	70
5)	Wauconda H.S.	42.5
6)	Carmel Catholic H.S.	40.5
7)	Hampshire	28
7)	Lake Forest Academy	28
9)	Round Lake H.S.	11