*** Please get this race information to your boys and girls cross country coaches.

Peoria Notre Dame Invitational **Richard Spring Memorial** Sept. 17,2016

Times

9:00	Girls Frosh/Soph (10 entries)
9:40	Girls Varsity (10 entries)
10:20	Girls Open (unlimited entries, no times recorded)
11:00	Boys Varsity (10 entries)
11:40	Boys Frosh/Soph (10 entries)
12:20	Boys Open (unlimited entries, no times recorded)
	Awards

Awarus

Varsity boys and girls

Team trophies 1st thru 3rd place

Individual medals 1st thru 60th place

Frosh/Soph boys and girls

Individual medals 1st thru 30th place

Open boys and girls

Individual medals 1st thru 10th place

*** Trophies and medals can be picked up at the awards table near the finish line.

Race Course

The 3.0 mile course is the same one used for IHSA state meet. It can be viewed at the IHSA cross country website.