

2013 Boys Track & Field Sectional Downers Grove North High School



Schedule of Events

4:30pm

Field Events

****Finals will immediately follow prelims in all events****

Long Jump – 2 flights at the same time – top 9 to finals

Triple Jump – follows long – same format

Discus – run to completion, best flight last, top 9 to finals

Shot Put – same format as disc, flight #1 will run simultaneously to discus finals

High Jump

Pole Vault

****All field event competitors must check in and out with the field event judge to report to a track event****

5:30pm

Track Prelims

**** Heat Winners & next best times advance****

100m Dash Prelims

110m HH Prelims

3200m Run – Heat #1

200m Dash

National Anthem

6:45pm

Track Finals

4 x 800m Relay

4 x 100m Relay

3200m – Heat #2

110m High Hurdles

100m Dash

800m Run

4 x 200m Relay

400m Dash

300m Intermediate Hurdles

1600m Run

200m Dash

4 x 400m Relay