## **SCHEDULE**

## ft Invite

January 22-23, 2016

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		MULTI EVENT	<u>S</u>
	<b>FRIDAY</b>		<u>SATURDAY</u>
6:00 pm	m multi 60 dash	9:00am	w multi 60H <b>9:10am</b> m multi 60H
6:30 pm	m multi LJ	9:20am	w multi HJ 9:40am m multi PV
7:15 pm 8:00 pm	m multi Shot m multi HJ	10:20am TBD	w multi Shot <b>TBD</b> m multi 1000 w multi LJ
o.oo piii	in maiti 113	TBD	w multi 800
	TIME	122	EVENT
			EVENT
FIELD .	<b>EVENTS</b>		
	9:00am	men	Weight Throw
	follows men	women	
	follows WT	men	Shot Put
	follows men	women	
	10:00	women	Long Jump
	follows women	men	
	follows LJ	women	Triple Jump
	follows women	men	•
	11:30am	men	Pole Vault
	2:00pm	women	
	12:00 noon	women	High Jump
	2:00pm	men	8
RUNNING EVENTS			
KUNNI	11:30am	man	60 M Hurdles prolims
		men	60 M Hurdles prelims
	11:40am	women	(OMD 1 1'
	11:50am	men	60 M Dash prelims
	Noon	women	263
	1:00pm	women	Mile
	1:15pm	men	100.75.7
	1:30pm	women	400 M Dash
	1:38pm	men	
	1:45pm	women	600 M Run
	1:53pm	men	
	2:00 pm	women	60 M Hurdles Finals
	2:10pm	men	
	2:20pm	women	60 M Dash Finals
	2:30pm	men	
	2:40pm	women	800 M Run
	2:52pm	men	
	<b>3:05pm</b> new	women	400 Hurdles
	3:12pm event	men	
	3:30pm	women	3K
	3:55pm	women	200 M Dash
	4:20pm	men	
	4:45pm	men	3K
	5:05pm	women	Distance Medley
	5:15pm	men	
	5:30pm	women	4 x 400 Relay
	5.40	W OHICH	1 A TOO Kelay

men

5:40pm