

**BRTF Distance Group
Evanston Open Meet (2-5-22)**

3200m		800	Split	1600	Split	2400	Split	3200	Place
Charley Duggan		2:34	2:39	5:13	2:44	7:57	2:35	10:32.40	1
Gavin O'Connor		2:40	2:52	5:32	2:57	8:29	2:51	11:20.06	3
Danny Macis									
Brian Sheehan								13:12.90	
Eamon Roache								13:51.10	

1600m	400	800	1200	1600	Place
Charley Duggan	72	2:29 (77)	3:44 (74)	4:54.70 (69)	3
Charlie Walsh	70	2:28 (78)	3:47 (79)	5:06.xx (79)	
Jack Antonsen	72	2:31 (79)	3:51 (80)	5:08.49 (76)	
Sean McNally	72	2:34 (82)	3:57 (82)	5:14.xx (76)	
Gavin O'Connor	77	2:39 (82)	4:03 (84)	5:22.75 (79)	
Joey Bowes	76	2:42 (86)	4:09 (87)	5:33.xx (84)	
Brian Sheehan	82	2:56 (94)	4:31 (95)	6:05.57 (93)	
Eamon Roache	91	3:16 (1:45)	4:59 (1:43)	6:34.xx (95)	
Charlie Sullivan	88	3:11 (1:43)	5:02 (1:51)	6:39.xx (97)	

4x800m	400	800	Overall	Place
Jack Antonsen	64	2:16.90	9:35.16	3
Sean McNally	65	2:18.74		
Charlie Walsh	67	2:24.82		
Joey Bowes	76	2:34.70		

4x400m	200	400	Overall	Place
Charlie Walsh		64.44	4:18.50	
Sean McNally		62.31		
Sean Maloney		65.44		
Joey Bowes		66.31		
Jack Morrison		60.41	4:06.56	
Pat Quaid		62.81		
Owen Lyons		63.79		
Jack Antonsen		59.54		

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3200m		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Lap 17	Lap 18	Lap 19	Lap 20	
	Goal Pace	2:37.50					5:15.00					7:52.50					10:30.00					
	Race Pace	2:34.88					5:13.10					7:57.01					10:32.40					
Charley Duggan	10:30 (31.5)	30.13	32.25	31.91	30.87	30.38	31.07	32.05	31.38	31.34	32.38	32.36	32.45	31.98	33.44	33.68	32.27	33.81	33.68	30.01	25.62	633.06

3200m		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Lap 17	Lap 18	Lap 19	Lap 20
	Goal Pace	2:47.50					5:35.00					8:22.50					11:10.00				
	Race Pace	2:40.90					5:32.00					8:29.50					11:20.06				
Gavin O'Connor	11:10 (33.5)	30.13	32.25	31.88	32.76	33.89	33.11	34.49	34.30	34.67	34.86	35.25	35.47	35.35	35.40	35.88	33.87	34.67	34.96	34.97	31.90