

EIU PANTHER TWILIGHT MEET INFORMATION

Friday, May 8th, 2015

MEET SCHEDULE (Tentative as of 3-10-15)

Running Events

4:00pm	M	110H prelims
	W	100H prelims
	M	100m Dash prelims
	W	100m dash prelims
5:30pm	W	4 x 100 Relay
5:40 (approximate times)	M	4 x 100 relay
5:50 (will roll with the weather)	W	1500
6:00	M	1500
6:15	W	100H Finals
6:25	M	110H Finals
6:35	W	100m Dash Finals
6:45	M	100m Dash Finals
6:55	W	400m Dash
7:05	M	400m Dash
7:15	W	800m Run
7:25	M	800m Run
7:40	W	400m Hurdles
7:50	M	400m Hurdles
8:00	W	200m dash
8:15	M	200m dash
8:30	W	3,000 Steeplechase
8:45	M	3,000 Steeplechase
9:00	W	4 x 400m Relay
9:10	M	4 x 400m Relay
9:20	W	5,000m Run Section 1
9:35	M	5,000m Run Section 1

FIELD EVENTS

THROWS AREA (est. start times for throws)

10:00am	M	Hammer
11:30	W	Hammer (follow m ham)
11:30	M	Shot (follow m ham)
12:45	W	Shot (follow m shot)
Officials Break		30 minutes + 15 minute warmup
2:15	M	Discus
3:40	W	Discus
4:35	M	Javelin
5:25	W	Javelin

JUMPS

Noon	W	Long Jump
	M	Long Jump
	W	Triple Jump
	M	Triple Jump
2:00pm	W	Pole Vault
	M	Pole Vault
2:00pm	W	High Jump
	M	High Jump