

# INDIANA STATE

## CROSS COUNTRY

### 2022 JOHN MCNICHOLS INVITATIONAL SATURDAY, SEPTEMBER 17, 2022

**Eligibility:** Open to any 4-year university/college and junior colleges. Schools can run an unlimited number of athletes. Unattached athletes are welcome to compete.

**Race Distances:** 8k for men, 5k for women

**Entry Information:** All entries will be handled through Direct Athletics. Entries will close on Tuesday, September 13, 2022 6:00pm.

**Entry Fee:** \$300 per team per gender. \$25.00 for unattached athletes.

**To confirm entry into the meet the entry fee must be paid through Direct Athletics.**

**Scoring:** Both men's and women's races will be scored per NCAA Division I rules on sport sponsorship.

**Results:** Results will be posted on the green pole barn, at the back of the finish chute area and on the concessions building on the east side after each race. Please visit the following websites to view full results at the conclusion of the meet: [www.gosycamores.com](http://www.gosycamores.com), [www.timingmd.net](http://www.timingmd.net), [www.tfrs.org](http://www.tfrs.org)

**Packet Pickup:** Team and individual packets can be picked up at the green pole barn from 7:30am – 9:00am on Saturday, September 17<sup>th</sup>

**Course:** The LaVern Gibson Championship Cross Country Course will be the host of the 2022 NCAA Division I Great Lakes Regional Cross Country Championships and the 2024 NCAA Division III National Championships. The course has also played host to 13 NCAA Division I National Championships.

**Address:** 599 S. Tabortown St.  
Terre Haute, IN 47803

**Race Times:**

9:00am Men's 8k

9:45am Women's 5k

\*Race times are set early to avoid excessive heat

*For questions please email Jeff Martin, Meet Director at [Jeffrey.martin@indstate.edu](mailto:Jeffrey.martin@indstate.edu)*

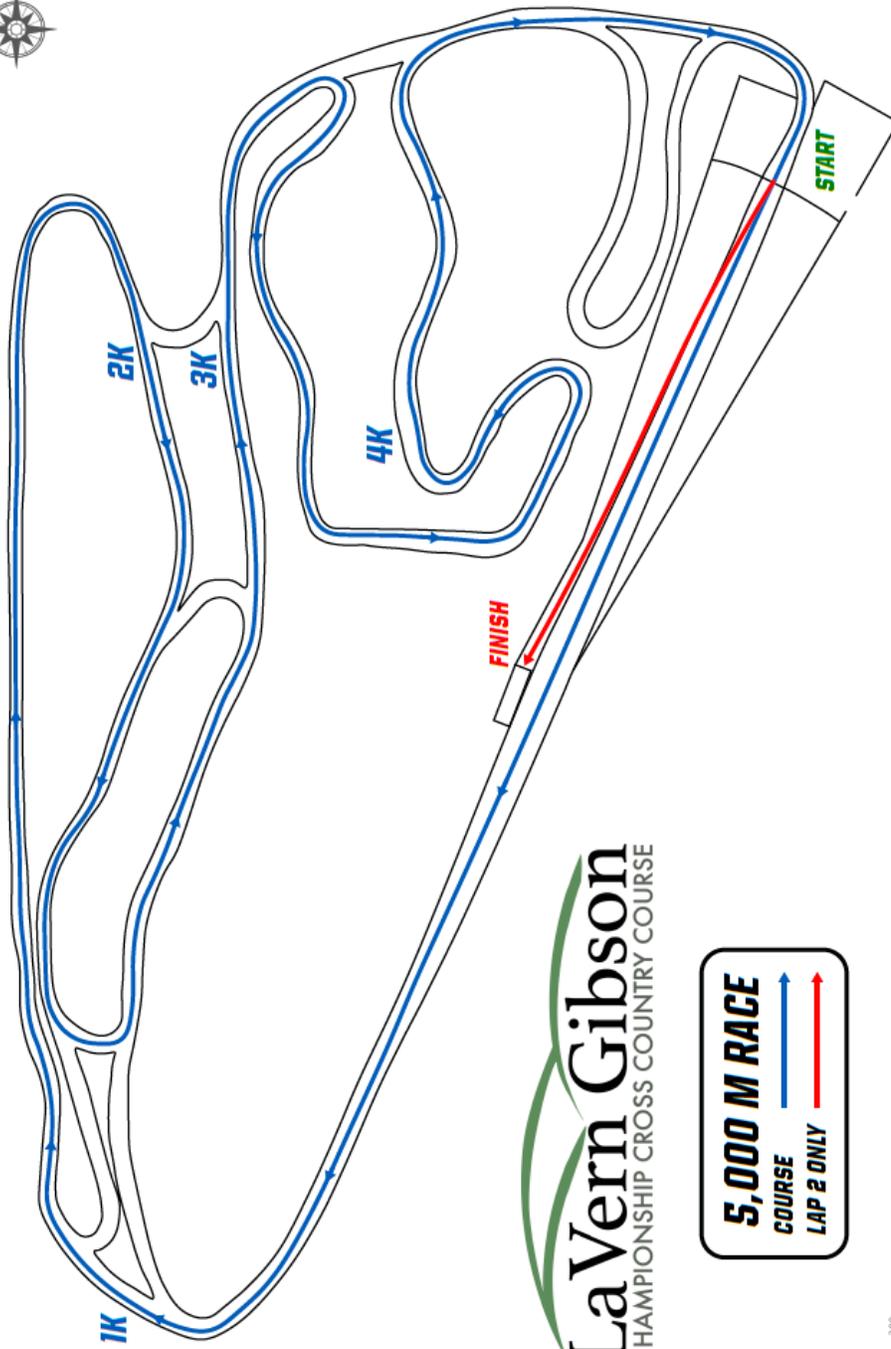


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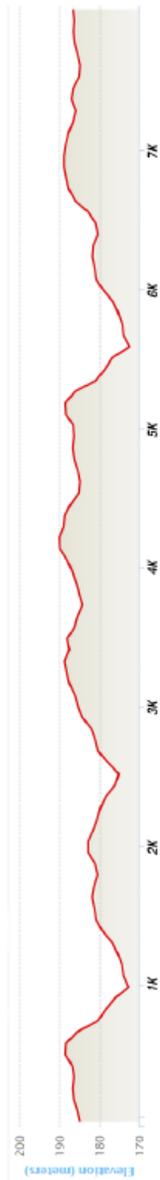
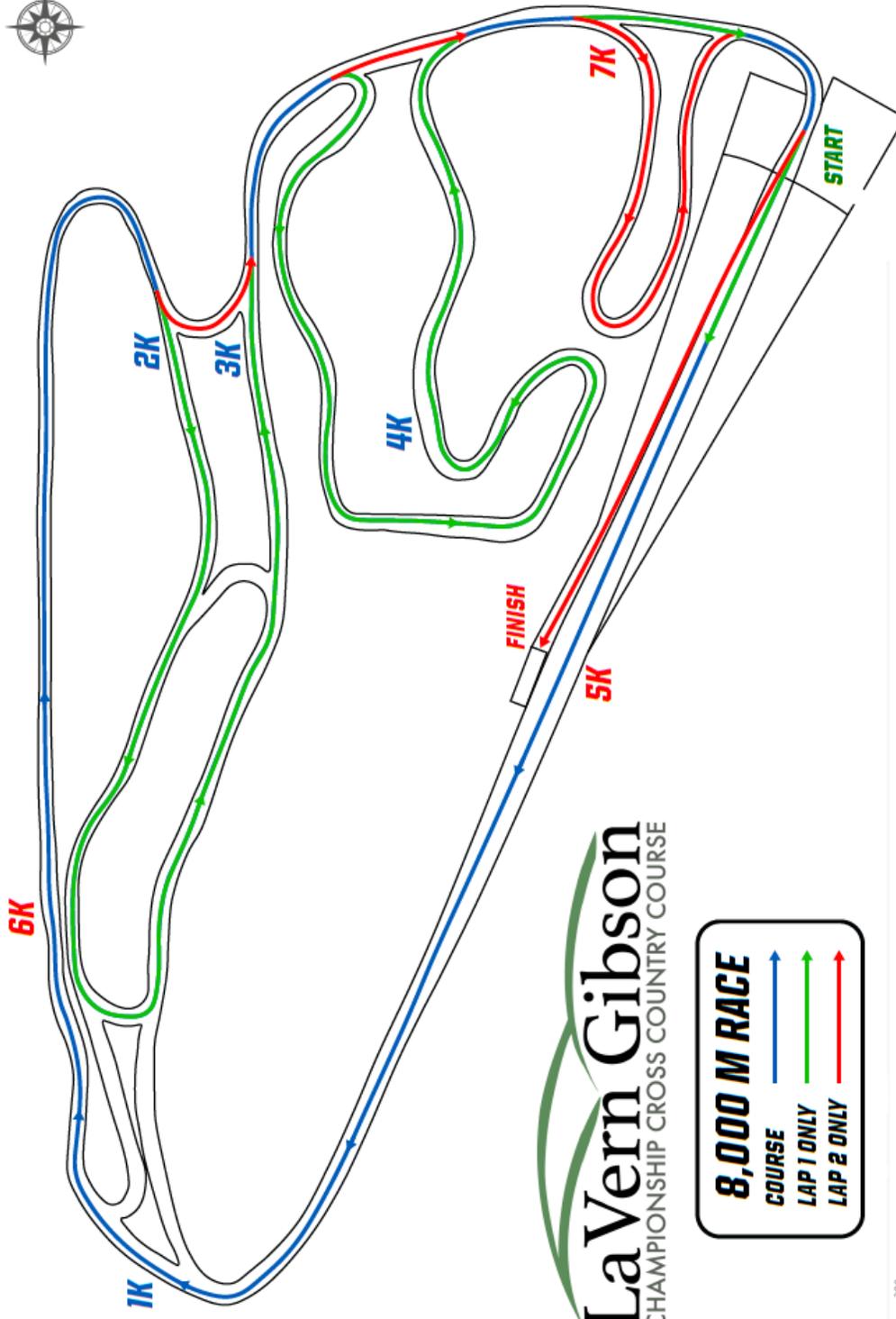


**La Vern Gibson**  
CHAMPIONSHIP CROSS COUNTRY COURSE

**5,000 M RACE**  
COURSE  
LAP 2 ONLY

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