### COUGHLAN - MALLOY CUP

# (INDIANA STATE VS. ILLINOIS STATE) JANUARY 12<sup>TH</sup>, 2024

MEET DIRECTOR: Jeff Martin Jeffrey.martin@indstate.edu 812-237-4332

TEAMS: Indiana State (M&W) & Illinois State (M&W)

**ENTRY LIMITATIONS & FEE**: No entries restrictions

ENTRY DEADLINE: Entries must be received by 3:00pm EST on Tuesday, January 9, 2024.

**EVENTS**: 60m, 200m, 400m, 800m, Mile, 3000m, 60H, 4x400 Relay, LJ, TJ, HJ, PV, SP, WT

**ADVANCEMENT**: 60m & 60H – Top 8 times

FIELD EVENTS: LJ, TJ, SP & WT will have 4 attempts no finals per NCAA Rules. HJ & PV will be contested as normal.

**SCORING**: 5-3-2-1 (Two people per event per team may score) 5-3 Relay

**FACILITY**: ISU North Gym at the College of Health and Human Services opened in 2018. The newly renovated North Gym now has a Mondo Super X flat 6 lane 200m oval with a 8 lane sprint straight.

Long Jump Boards: 2.75m (9 feet) to pit

Women's Triple Jump Boards: 9.75m (32 feet) to pit

#### Address:

401 N 4<sup>th</sup> Street Terre Haute, Indiana 47809

Quarter inch pyramid spikes only will be allowed.

No Tape or Chalk will be allowed. Markers will be provided by officials.

**FACILITY DROP OFF & ENTRY**: Buses can drop off in Lot H. NO BUSES will be allow in the circle turn around! Teams will need to enter the facility at the Northwest corner of the Health and Human Services building.

**TEAM VEHICLE BUS PARKING**: Team vans/vehicles can park in Lot 24. Charter Buses can park in Lot 24 or in Lot H. (Please see attached map)

**TEAM AREA:** Teams are asked to set up camp in the Southwest and Southeast corners of the facility. There is limited seating for spectators so we ask that there be NO TEAM CAMPS IN THE BLEACHERS.

**DRESSING LOCKER ROOM FACILITY**: Locker rooms are located in the south end of the Health and Human Services Building.





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**ATHLETIC TRAINERS**: Indiana State University athletic trainers will be stationed in the medical room in the southwest corner of the facility.

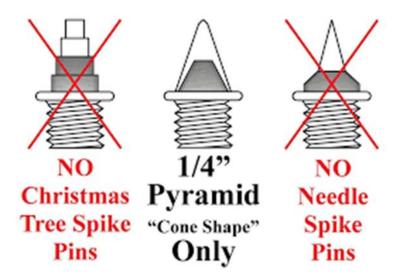
**CLERKING**: Clerking for all track races will take place by the 60m/60h start line. Field events will check in at the event area with the head official.

**STARTING HEIGHTS & INCREMENTS**: Once entries close, meet management will set the starting heights and increments based on the field size/strength.

**IMPLEMENT WEIGH-IN**: Weigh-in for both the weight throw and shot put will take place at the event area. We ask that teams weigh in ALL implements before the start of the first throwing event. **Weigh in will close at 11:30am** 

**FOOD & DRINK**: No sports drinks or soda are allowed inside the facility. Water is the only allowable drink.

**RESULTS**: During the meet, results will be posted by the Finish Line Building. Final results will be available at the conclusion of the meet at the finish line. The final results will be posted on <a href="www.gosycamores.com">www.gosycamores.com</a>, <a href="www.timingmd.net">www.timingmd.net</a> and at <a href="www.tfrrs.org">www.tfrrs.org</a>







## **COUGHLAN - MALLOY CUP**

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JANUARY 12<sup>TH</sup>, 2024

### **SCHEDULE OF EVENTS**

12:45pm National Anthem

	FIELD EVENTS	<u>R</u>	UNNING EVENTS
1:00pm	Pole Vault (M)	1:00pm	60H (M) Prelims
Follows	Pole Vault (W)	1:10pm	60H (W) Prelims
1:00pm	Weight Throw (W)	1:20pm	60 (M) Prelims
Follows	Weight Throw (M)	1:25pm	60 (W) Prelims
Follows	Shot Put (W)	1:30pm	Mile (W)
Follows	Shot Put (M)	1:40pm	Mile (M)
1:00pm	High Jump (M)	1:50pm	60H (W) Finals
Follows	High Jump (W)	2:00pm	60H (M) Finals
1:00pm	Long Jump (W)	2:05pm	60 (W) Finals
Follows	Long Jump (M)	2:10pm	60 (M) <i>Finals</i>
Follows	Triple Jump (W)	2:20pm	400 (W)
Follows	Triple Jump (M)	2:30pm	400 (M)
		2:40pm	800 (W)
		2:50pm	800 (M)
		3:00pm	200 (W)
		3:10pm	200 (M)
		3:25pm	3000 (W)
		3:40pm	3000 (M)
		3:55pm	4x400 Relay (W)
		4:00pm	4x400 Relay (M)



