

Indiana Invitational
January 19 & 20, 2024
Final Time Schedule Updated 1/17/2024

Day 1 - Friday, January 19

Field Events

3:30 PM W 20lb Weight Throw
Men to follow (approximately 6:00 PM)
4:45 PM W Long Jump 3m board
Men to follow (approximately 7:30 PM)
6:45 PM W High Jump
7:00 PM M Pole Vault

Track Events

5:10 PM W 60m Hurdle Trials
5:25 PM M 60m Hurdle Trials
5:40 PM W 60m Trials
5:55 PM M 60m Trials
6:10 PM W Mile
6:25 PM M Mile
6:40 PM W Distance Medley Relay
6:55 PM M Distance Medley Relay
7:10 PM W 5000m
7:35 PM M 5000m
7:55 PM W 600m
8:05 PM M 600m
8:20 PM W 200m
8:40 PM M 200m

Heptathlon Day 1

3:00 PM M 60m Heptathlon
3:35 PM M Long Jump, Heptathlon* 3m board
4:30 PM M Shot Put, Heptathlon*, inside ring
6:45 PM M High Jump, Heptathlon*

* Estimated Start Time

Day 2 - Saturday, January 20

Field Events

9:45 AM W Shot Put, inside ring
10:00 AM W Triple Jump 11m board
Men to follow (approximately 11:30 AM)
12:20 PM W Pole Vault
12:30 PM M Shot Put, outside ring
1:00 PM M High Jump

Track Events

12:30 PM W 60m Hurdle Finals
12:35 PM M 60m Hurdle Finals
12:40 PM W 60m Finals
12:45 PM M 60m Finals
12:55 PM W 400m
1:05 PM M 400m
1:20 PM W 800m
1:35 PM M 800m
1:50 PM W 3000m
2:20 PM M 3000m
2:45 PM W 4 x 400m Relay
3:05 PM M 4 x 400m Relay

Heptathlon Day 2

9:10 AM M 60m Hurdles, Heptathlon
9:45 AM M Pole Vault, Heptathlon*
12:25 PM M 1000m, Heptathlon*

Pentathlon

9:00 AM W 60m Hurdles, Pentathlon
9:45 AM W High Jump, Pentathlon*
11:30 AM W Shot Put, Pentathlon*, outside ring
1:00 PM W Long Jump, Pentathlon*
2:15 PM W 800m, Pentathlon*