IONAL - MEET OF

BOY'S & GIRL'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL hosted by PALATINE HIGH SCHOOL Saturday, September 23, 2017 - 9:00 A.M. @Deer Grove East Forest Preserve

TIME SCHEDULE:

Time Schedule and Race Order has been adjusted from original due to heat concerns

Walk the Course: 8:00 A.M. Boys Frosh Race: 8:30 A.M. 2.5 Miles 8:55 A.M. 2.5 Miles Girls Fr/So Race: Boys Varsity Race: 9:20 A.M. 3.0 Miles Girls Varsity Race: 9:50 A.M. 3.0 Miles Bovs Soph Race: 10:20 A.M. 3.0 Miles Now 2.5 Miles Girls JV Race: 10:50 A.M. Boys JV Race: 11:20 A.M. 3.0 Miles

Awards: 11:50 P.M.



TEAMS ENTERED:

Hinsdale Central

BOYS - (31 teams)

Barrington Jones College Prep Mundelein **Prospect** Cary-Grove Lake Zurich **New Trier** St. Ignatius Crystal Lake Central Libertyville Oak Park-River Forest Stevenson Dundee Crown Loyola Academy Oswego East York Maine South **Palatine** Yorkville Fenwick Grayslake Central Plainfield North St. Louis University HS (MO) Maine West

Hersey Marmion Academy Plainfield South St. Xavier (KY)

> McHenry Prairie Ridge

GIRLS – (31 teams)

Barrington Grayslake Central Maine South St. Charles East **Buffalo Grove** Hersey Maine West Stevenson Cary-Grove Jones College Prep McHenry Vernon Hills Crystal Lake Central Lake Forest Mundelein Yorkville Downers Grove North Lake Zurich **New Trier** York **Dundee Crown** Libertyville Palatine Assumption (KY)

Loyola Academy Louisville Male Traditional (KY) Dunlap Prairie Ridge Fenwick Lyons Township Prospect

Your entries must be submitted by Tuesday, September 19th, at 9:00pm. **ENTRIES:**

- Go to www.realtiminginc.com and select the Palatine Invitational from the Up-Coming Events column.
- Click on Entry Form this will open an Excel spreadsheet that is the entry form for the meet.
- For each athlete, enter First Name, Last Name, Class (Fr, So, Jr, or Sr), and Gender (F or M)
- Save the Excel file on your computer
- Finally e-mail a copy of the Excel entry form to: entries@realtiminginc.com

MEET SITE:

Deer Grove East Forest Preserve on Dundee Road, ¼ mile west of Hicks Rd. Some (very limited) spectator parking is available. From Rt. 53, exit Dundee Rd. west. Go approximately 2 miles to Deer Grove. Turn right at first entrance past Hicks Rd. Course routes are 3.0 miles and 2.5 miles. 3/8" spikes are suggested for all.

We will award 7 medals to the following top teams. AWARDS:

The coach of these teams will receive a special award.

Team: **Boys Frosh** 1st 3 teams Girls Fr/So 1st 4 teams Boys Soph 1st 3 teams Girls JV 1st 3 teams Girls Varsity 1st 5 teams Boys JV 1st 3 teams

> **Boys Varsity** 1st 5 teams

Varsity races 1st through 30th place medals Individual:

> Soph, & JV races 1st through 20th place medals Frosh & F/S races 1st through 25th place medals

ENTRY FEE: Girls - \$175.00 Boys - \$175.00 Both - \$350.00

ENTRY LIMITS: Boys & Girls JV race Unlimited entries (3.0 miles)

Boys Sophomore Race
Boys Freshman Race
Unlimited entries (3.0 miles)
Unlimited entries (2.5 miles)
Unlimited entries (2.5 miles)

Boys & Girls Varsity Race SEVEN RUNNERS ONLY (3.0 miles)

INSTRUCTIONS: Upon arrival, pick up your envelopes containing all necessary information

AT THE SHELTER ACROSS FROM THE START/FINISH LINE.

WASHROOMS: Portable washrooms will be provided. **PLEASE BRING YOUR OWN WATER.**

PARKING: All busses are to unload athletes near start/finish line. The bus must then exit

through maintenance area and park at the high school. Only exception will be

if coach is driving the bus.

Limited parking is available in Deer Grove East. For those who might want to walk

or bike in, parking is also available in the parking lot of the old Dominick's

grocery store on Dundee Rd, just before the Jewel at the corner of Dundee/Hicks. Walking distance to course is a little more than a mile.

A spectator shuttle will be available to Deer Grove East course from Palatine High

School parking lot. Palatine HS address is 1111 N. Rohlwing Road, Palatine, IL 60074

TEAM CAMPS: Tents and team areas should be set up on south side of the road.

DRESSING: No locker rooms are available. Please come dressed and prepared to run.

T-SHIRTS: We will be selling Palatine Invitational MEET OF CHAMPIONS T-shirts for \$16.00.

Due to Cook Country Forest Preserve restrictions on sales... Coaches must fax preorder forms detailing colors and sizes needed by THURSDAY, September 21st at 5:00pm. T-shirts may be paid for and picked up at the meet headquarters.

A limited number of T-shirts may be available the day of the meet.

CONCESSIONS: A food/drink tent will be set up by the cross country parents.

RESULTS: Results will be posted at **www.realtiming.com** shortly after the meet. A copy of results

(no JV open), one per school, will be available at the conclusion of the meet.

FOR MORE INFORMATION CONTACT

Athletic Director Jerry Dobbs (jdobbs@d211.org) (847) 755-1770

Boys Cross Country Coach Chris Quick (cquick@d211.org) (847) 755-1716 Home - (847) 202-0692 Girls Cross Country Coach Joe Parks (jparks@d211.org) (847) 755-1783 Cell - (847) 651-6272

2017 Palatine Invite Start Boxes

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	3ox #	# Boys
Prospect	1	Stevenson
Fenwick		
Lake Forest		Hinsdale Central
Cary-Grove		New Trier
Loyola Academy	5	Fenwick
Crystal Lake Central		Dundee Crown
Vernon Hills	7	Oswego East
Palatine	8	Prospect
Dundee Crown	9	Hersey
Libertyville	10	Grayslake Central
St. Charles East	11	Lake Zurich
Lake Zurich	12	Crystal Lake Central
Mundelein	13	Oak Park-River Forest
New Trier	14	Palatine (+ 1 individual)
Downers Grove North	15	Cary-Grove
Dunlap	16	Marmion Academy
Assumption (KY)	17	St. Louis University HS (MO)
Lyons Township	18	St. Ignatius
Yorkville	19	Libertyville
Maine West	20	Yorkville
Hersey	21	Loyola Academy
Louisville Male Traditional (KY)	22	Maine South
Barrington	23	Barrington
Grayslake Central	24	York
Prairie Ridge	25	McHenry
McHenry	26	Maine West
Maine South	27	Plainfield North
Buffalo Grove	28	St. Xavier (KY)
Stevenson	29	Mundelein
Jones College Prep	30	Prairie Ridge
York	31	Plainfield South

Important Reminders

- Entries due Tuesday, September 19th by 9:00 pm
- T-Shirt Orders due Thursday, September 21st by 5:00 pm