

Entry Deadline: Thursday, April 25th, 2018 @ Noon

ST. JOSEPH-OGDEN SPARTAN TRACK CLASSIC
ST. JOSEPH-OGDEN HIGH SCHOOL
ST. JOSEPH, ILLINOIS

1. The 42nd Annual Spartan Track Classic will be held on Friday, April 26th, beginning at 4:30 PM for the field events. Coaches meeting will take place at 3:50 under the press box.
2. Scoring will be 10-8-6-4-2-1 for both individual events and relays.
3. Medals will be awarded to 1st, 2nd, and 3rd for each event. Ribbons will be awarded for 4th through 6th.
4. Trophies will be awarded to the top 3 teams.

Entries are due NO LATER THAN Thursday, April 25th, at noon, your entries **must** be entered online at <https://www.steepleweb.com/meet/14762>

NO ENTRIES WILL BE ACCEPTED AFTER THE DEADLINE. NO ENTRIES WILL BE ACCEPTED BY EMAIL OR FAX. Your entry fee of \$125 must also be received by May 1st. Please send entry fees to: Justin Franzen, A.D.
PO Box 890, St. Joseph-Ogden HS, St. Joseph, IL 61873

5. Entry limit of 2 per individual event and one relay per school.
6. TIME SCHEDULE: Field Events – 4:30pm – 4 jumps/throws, no Finals.
NO PRELIMS
Finals – 6:00pm
TIMING – will be FAT timed.
7. The long jump, triple jump, discus throw, and shot put will be given 4 attempts, no finals. **Minimum measurements for field events are as follows: Shot Put – 35'0", Discus – 100'0", Triple Jump – the board is 32'0" from the pit. Best flight of Disc will go first.**
8. **We WILL be weighing Shot Puts and Discus prior to competition. Weigh-in begins at 3:45pm and will be closed to weigh-in at 4:15pm. Weight cards will be provided in the competition area.**

9. **Order of Running Events:** 4x800m, 4x100m, 3200m run, FS 4x100m, 110mHH, FS 110mHH, 100m, 800m, 4x200m, 400m, FS 400m, 300mIH, 1600m, FS 1600m, 200m, FS 200m, 4x400m

10. All substitutions must be made prior to the entry deadline of **Midnight on Thursday, April 25th, 2017. Scratches ONLY on meet day, no substitutions.**
NO ADDITIONS may be added to events where no one was originally entered.

11. NO TAPE ON THE RUNWAYS!! Chalk will be provided.

12. Track Surface – All weather, Athletes may wear shoes with ¼” spikes or less.

13. TEAM CAMPS – must be outside of the fence area.

14. At the conclusion of the field events, **ONLY COACHES** will be allowed inside the fence area. PLEASE STAY CLEAR OF THE FINISH LINE AREA and keep your athletes off the infield area during the running competition. The staging area is on the South-west side of the infield near the pole vault runway. Please remind your athletes about NO Communications devices inside competition areas. The new IHSA policy is that the first offense is a warning to the team, and 2nd offense is disqualification for 2nd offender and thereafter.

15. Starters will be Bob Rice and Don Hackler.

16. Any Questions, email Jason Retz (retzj@sjk12.il.us) 217-649-3661 (Cell)

