

2nd Annual Jersey Winter Thaw

Principia College

March 12, 2016 10:00 am

Host/Meet Director:

Jersey Community High School

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Site:

Principia College, Hay Field House

E Campus Rd, Elsah, IL 62028

Timing:

Endurance Timing

Fully Automatic Timing

Teams Participating:

Alton, Auburn, Carlinville (B), Chester (G), Collinsville (G), Duplo, Freeburg, Granite City, Highland (B), Hillsboro, Jersey, Litchfield, Marquette, Mt. Olive, New Athens, O'Fallon - FBA, Pleasant Plains (B), Quincy, Redbud, Rochester (B), Roxana, Sacred Heart, Shelbyville (B), Springfield, Staunton, Waterloo, Williamsville (B)

Entries:

Use the following link for meet entries: <https://www.directathletics.com/meets/track/43050.html>

Entries must be entered by March 9th. Scratches can be made through March 11th.

Team Fee: \$125/team, \$200 for Boys and Girls Teams together, or \$20/athlete.

Please make checks payable to Jersey Community High School

2 Individuals per Event and 1 Team per Relay

Check in:

Athletes should check in at the numbers table at the south end of the track to receive identification for FAT and then proceed to clerk. Competitors in field events will check in at the event site.

Scoring/Awards:

Medals will be awarded to the top 3 individuals/relays and can be picked up at the conclusion of the meet by the coach or school representative.

Team Conduct:

Coaches will check teams in at the Awards/Numbers Table and pick up team packets upon arrival. Team camps will be set up on the infield inside of the roped off area. No spikes allowed in the team camps, locker rooms, or concrete areas. All athletes must have **1/8 Spikes Only**. All markings made on the track or at the field events must be made with tape that is to be removed when the event is over. **NO Chalk**

Official Starters:

Larry Foster

Dale Huwer

Job Assignments:

All job assignments will be filled by JCHS representatives. However, each participating school in the 1600m, 3200m, and 4x800 Relay must have a representative to count their athletes' laps.

Order of Field Events:

All field events will be conducted as finals, having a 15 min. warmup and 60 min. time limit - 3 jumps/throws.

10:00	Boys Long Jump
	Boys Pole Vault
	Girls High Jump
	Girls Shot
11:15	Boys High Jump
	Boys Shot
	Girls Long Jump
	Girls Pole Vault
12:30	Boys Triple Jump
1:45	Girls Triple Jump

Order of Running Events:

All girls running events will take place first and will be directly followed by the boys event unless otherwise stated. Top 8 times in the 60m/60H will advance to finals. Each participating school in the 1600m, 3200m, and 4x800 Relay must have a representative to count their athletes' laps. If there are more than 2 heats of the 3200m run, all official start times will be pushed back.

10:45		3200m
	Prelims	Girls 60m Hurdles
		Boys 60m Hurdles
		Girls 60m Dash
		Boys 60m Dash
12:00 (running start)		4x800 Relay
	Finals	60m
	Finals	60m Hurdles
		800m Run
		4x200 Relay
		400m Dash
		1600m Run
		200m Dash
		4x400 Relay

Crafton Center Rules and Information

1. No spikes longer than 1/8" (automatic disqualification from meets).
2. No spikes at all on the infield (basketball courts)
3. No spitting on the track (please use trash cans)
4. No chalk use for markings (please use tape or other shoes, etc.)
5. Hip numbers should be thrown away after use. No numbers should be stuck to bleachers or floor.
6. Be respectful of the facility in general. Clean up after yourselves, pick up trash, etc. If you are disrespectful of the Principia Facilities, you will not be invited back.
7. Be considerate of others in the locker rooms. No messes in the toilet stalls.
8. In the case of a spill anywhere in the facility, please alert event staff.
9. Parking Buses: The buses pull around and park in the center aisle first. 10 should be able to fit. Anything beyond that will park along the East side of the building and any that won't fit there will be parked in the gravel.
10. Long Jump/Triple Jump/Pole Vault. All of the runways for these events run into lanes 5 and 6 on the track. We will try to get the field events finished before the sprints run in lanes around the track begin. Please tell your athletes to be aware when on the track.
11. Team Camps: Camps can be set up in the infield. No spikes are allowed in this area! Please keep your athletes away from the curve by the finish line. The officials need to be able to see the curve for handoffs, starts, etc.

-3200 meters: If we have more than 20 entries in either of the boys or girls events, we will cut off at a designated entry time.

-There will be a team packet pick-up table near the clerking table. These packets will contain free meet programs for the coaches and 3 meal tickets for the concession stand for coaches (see me if you need more tickets for your coaching staff). If you have not paid your meet entries, please pay at this table. Checks can be made out to JCHS. Parents can purchase meet programs for \$2 tomorrow.

-We are looking at moving up the start time to 9:00 am. We know some of you travel a distance to make it, so we do want to be considerate of that. However, we also want to make sure that we are not finishing the meet at 7:00pm. Any suggestions throughout the day are appreciated.

Thank you for being a part of our meet. If you have any questions, email me and I will try to help. We will see you on the 12th!