

# SIU Indoor Track Meet: Boys Division – Saturday, March 8, 2014

Event	Time	
<b>Field Events</b>		
Pole Vault (opening height 11'0")	10:00 a.m.	(29 Entries)
*Shot Put (39'0")	10:00 a.m.	(5 Flights)
*Long Jump (18'0")	10:00 a.m.	(4 Flights)
High Jump (opening height 5'4")	Follows Shot Put	(45 Entries)
*Triple Jump (37'0")	Follows Long Jump	(3 Flights)
<b>Running Events</b>		
60 meter dash (prelims)	11:30 a.m.	(16 Heats)
Top 12 times advance to finals		
60 meter hurdles (prelims)	12:05 p.m.	(9 Heats)
Top 12 times advance to finals		
60 meter dash (finals)	12:35 p.m.	(2 Heats)
60 meter hurdles (finals)	12:45 p.m.	(2 Heats)
3200 meter run	1:00 p.m.	(2 Heats)
4X800 meter relay	1:25 p.m.	(3 Heats)
4x200 meter relay	2:00 p.m.	(6 Heats)
800 meter dash	2:25 p.m.	(6 Heats)
400 meter dash	2:55 p.m.	(14 Heats)
200 meter dash	3:30 p.m.	(16 Heats)
1600 meter run	4:15 p.m.	(5 Heats)
4x400 meter relay	5:00 p.m.	(5 Heats)

**We will use a rolling schedule...one event to follow the next. The times listed are to be used as a guide. We will run ahead of schedule if possible**

\*In long jump, triple jump and shot put all 1<sup>st</sup> legal attempts will be measured regardless of distance. All subsequent attempts must meet a minimum standard to be measured:

Long Jump 18'0"  
Triple Jump 37'0"  
Shot Put 39'0"